

## EXPLORE YOUR EXCLUSIVE STYLE

# Our Hervices



MANICURES AND **PEDICURES** 



**EYELASH EXTENSIONS** 



FACIAL **TREATMENTS** 



**EMBROIDERY SERVICES** 



HAIR REMOVAL SHR I DHR



FACE & BODY MANAGEMENT



TEETH WHITENING



SKIN CAMOUFLAGE HAIR SERVICES



**OPEN DAILY** 

11:00 AM - 8:30 PM

ORCHARD | BUKIT TIMAH | CCK | ALJUNIED | WOODLANDS



# NOTICE Of Priving Adjustment

#### DEAR VALUED CUSTOMERS

Please take note of an upcoming change to our manicure pricing structure, effective **15th November 2024**Prices for manicure services with UNLIMITED DESIGNS will now be determined based on the therapist's rank and skill level, which are categorized as follows:

INTERMEDIATE

ADVANCED

**MASTER** 

This updated pricing system will better differentiate the skills, techniques, and capabilities of all our therapists.

As each rank reflects a different level of expertise, the pricing will more accurately correspond to the quality and precision of the service provided.

Customers will now have the option to choose services that align with their preferences and the therapist's qualifications, ensuring that each experience is tailored to their needs and expectations.

Please find our updated menu reflecting these changes. We believe this adjustment allows us to continue delivering exceptional service while recognizing the diverse talents and varying levels of our therapists.

Please note that there will also be minor adjustments to the pricing of other services listed on our menu.

We encourage you to review the updated menu for the full details of these changes.

We appreciate your understanding and continued support.
Should you have any questions or require further clarification,
please do not hesitate to contact us.

Sincerely, Fiftyfreed Beauty Bar

# OUR Outlet -



#### CUPPAGE PLAZA

5 Koek Rd Cuppage Plaza #B1-01 Singapore 228796



#### ALJUNIED

60 Lorong 23 Geylang #07-02 Singapore 388384



#### ENG KONG TERRACE

17 Eng Kong Terrace #01-01 Singapore 598989



#### CHOA CHU KANG

184B Choa Chu Kang Avenue 1 #02-01 Singapore 689467



#### WOODS SQUARE

12 Woodlands Square Singapore 737715

# Gifty; freed. OUR Therapist

#### MASTER



YUNG FANG
CUPPAGE



**XINDY** *ALJUNIED* 



SINMO CUPPAGE

#### ADVANCED



JAMIE CUPPAGE



**VERNICE**WOODS SQUARE



XUNTING CCK



**ELAINE**CUPPAGE



YUAN YUAN CUPPAGE



YAN CUPPAGE



ICE CUPPAGE



JIALI CUPPAGE



MICKY ENG KONG



SHI SHI ALJUNIED



**JENNIE**ALJUNIED



AGNES CUPPAGE

#### INTERMEDIATE



KES CCK



SHIRLEY
WOODS SQUARE



**SOCKY** *ENG KONG* 



YULIANA WOODS SQUARE



ZI YAN CCK



COCO WOODS SQUARE



HILDA WOODS SQUARE

# MANICURE Menu



EXPRESS GEL MANICURE



CLASSIC GEL MANICURE \$48



CLASSIC CUCCIO SPA GEL MANICURE

\$68



ONE TONE CLASSIC EXTENSION GEL MANICURE

\$78

#### **OTHERS**

ADDITIONAL ONE TONE	\$5.45
HARD GEL OVERLAY	\$28
REMOVALS ONLY	\$16
EXTENSIONS PER FINGER	\$9
TOUCH UP ABOVE 7 DAYS PER FINGER	\$9

Classic Gel Manicure – Shaping, Cuticle Work, One Tone + Hand Mask Classic Gel Pedicure – Shaping, Cuticle Work, Scrub, Remove Foot Deadskin, One Tone + Foot Mask



# COMBO Promo

CLASSIC GEL MANICURE + DESIGN



INTERMEDIATE

**ADVANCED** 

**MASTER** 

\$78

\$88

\$98

CLASSIC GEL EXTENSIONS + DESIGN



INTERMEDIATE

ADVANCED

MASTER

\$108

\$118

\$128

TOP UP ANY LASH EXTENSIONS WITH ANY OF THE ABOVE



EYELASH EXTENSION

\$78

BUDDY DISCOUNT

Off Total Bill I Valid for Same Day Booking Only I Valid For Any Of The Above Nail Option Only

Cuticle, Unlimited Color, Charms, Limited Drawings, Gel Strengthener + Hand Mask \*Top Up Required For Complex Drawing Design Lash Must Be Utilized On The Same Day \*Not Including Mega Lash

# COMBO — Promo

ONE TONE CLASSIC GEL MANICURE + CLASSIC GEL PEDICURE



+ HAND & FOOT MASK

\$98

DESIGN + \$30/40/50 \*Based On Therapist's Level



For Manicure Only Top Up \$30 For Extensions Add On

Unlimited Color, Charms, Stickers, Limited Drawings
\*Top Up Required For Complex Drawing Design

TOP UP MANICURE/PEDICURE SPA TREATMENT



CUCCIO MANI OR PEDI SPA FOOTLOGIX CALLUS TREATMENT \$20

\$30

Classic Gel Manicure – Shaping, Cuticle Work, One Tone + Hand Mask Classic Gel Pedicure – Shaping, Cuticle Work, Scrub, Remove Foot Deadskin, One Tone + Foot Mask

# 



EXPRESS GEL PEDICURE \$48



CLASSIC GEL PEDICURE \$58



CLASSIC CUCCIO SPA GEL PEDICURE

\$78



CLASSIC FOOTLOGIX CALLUS
GEL PEDICURE

\$88

#### **OTHERS**

ADDITIONAL ONE TONE	\$5.45
HARD GEL OVERLAY	\$28
REMOVALS ONLY	\$16
EXTENSIONS PER FINGER	\$9
TOUCH UP ABOVE 7 DAYS PER FINGER	\$9

Classic Gel Manicure – Shaping, Cuticle Work, One Tone + Hand Mask Classic Gel Pedicure - Shaping, Cuticle Work, Scrub, Remove Foot Deadskin, One Tone + Foot Mask

# EYELASH

Menu



LASH LIFT + TINT



1D CLASSIC \$78



2D SOUFFLÉ



YY LASH



3D LIGHTWEIGHT



WETLOOK LASH



FOXY LASH \$108



MERMAID LASH



FAIRY LASH \$108



SUNFLOWER LASH



THAI/COMIC LASH



WISPY KIM K/WISPY YY
\$108



4D-6D SUPER VOLUME

\$108



8D-10D MEGA VOLUME

\$118



LOWER LASH

\$28

15% OFF FIRST TIMER TRIAL FOR LASH EXTENSIONS ONLY \* All Prices Are Inclusive Of GST



## **CUCCIO**

#### MANICURE & PEDICURE SPA TREATMENT



#### Made in USA with

an exquisite range of scents to choose from!
Cuccio products are globally recognized for their exceptional quality and have been awarded numerous industry accolades for the years. Experience the ultimate indulgence for your hands, body and feet with our range our luxurious set which are carefully crafted to provide deep hydration and nourishment to your skin.

#### Cuccio Spa Manicure

Scentual Soak
Cuticle Care
Daily Skin Polisher
Deep Dermal Wrap
Massage Butter
One Tone Gel Color
Hand Mask

#### Cuccio Spa Pedicure

Scentual Soak
Cuticle Care
Dead Skin Removal
Sea Salt Scrub
Deep Dermal Wrap
Massage Butter
One Tone Gel Color
Foot Mask

\$68.00

\$78.00

Top Up To Mani Or Pedi Services \$20.00



## FOOTLOGIX®

#### PEDICURE SPA CALLUS TREATMENT

5 Steps Professional Kit



Footlogix® is the world's first and only Pediceutical® foot care line offering innovative products that provide effective and transformational results.

The Footlogix range provides fast and effective results. Footlogix's unique products are lightweight, non-occlusive and easy to apply leaving no greasy residue. Through proprietary Dermal Infusion Technology® (DIT) active ingredients are carried into all the layers of the epidermis, helping to restore it to a healthy state.

Packaged with Footlogix's wide range of mousse treatments anti fungal, cracked heel, rough skin, dry skin and smelly feet.

#### Spa Includes:

Foot Soak Cuticle Care Callus Softener Dead Skin Removal

Exfoilating Seaweed Scrub Footlogix Mousse Treatment Massage Lotion One Tone Gel Color

Foot Mask

\$88.00





#### Very Dry Skin Formula

- Promotes blood circulation to the feet
- Contains Urea to hydrate skin prone to dryness
- Contains Arnica and Rosemary



#### Cracked Heel Formula

- Promotes blood circulation to the feet
- Moisturise and restores very dry skin
- Suitable treatment for diabetic patients



#### Foot Deodorant

- Contains Tea Tree oil to neutralize foot odor
- Contains Menthol to cool the skin
- Proven to effectively kill odor-causing bacteria



### Nail Tincture Spray

- Contains anti-bacterial ingredients
- Rich in avocado oil and Panthenol to restore nails
- Suitable for fungal infection prone nails



#### Rough Skin Formula

- Effective in treating dry, rough, scratchy
- Urea locks in moisture
- Contains anti-bacterial ingredients

















## EMBROIDERY



Ladies Eyebrow Embroidery (Ombré/Microblading) or HYBRID

\$238 \$318

Gentlemen's Brows Embroidery (Ombré/Microblading) or HYBRID

\$288 \$428

#### Eyeliner OR Lip Embroidery

- EYELINER Lashline/Cateye
- LIPS Onetone/Gradient

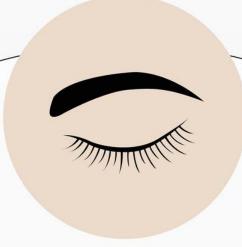
\$238 \$318

All session comes with numbing, one free touch up within 2 months and aftercare cream

Touch up will be forfeited after 2 months. Any no-shows will also result in forfeiture of FOC touch up



### BROW LAMINATION + TINT



Brow lamination is essentially a natural brow hair lift. This semi permanent treatment restructures your brow hair to give you full, slicked up brows while smoothing them on top of unveiling that brow arch that you never knew you had!

In brow lamination, your brow hairs are brushed upwards and fixed so that they stay in the direction they're put. It's the treatment for anyone with fluffy stubborn brows, but also for those with thin or sparse brows. Lastly, brow tint will be applied that'll make your brows look HD-efined.

#### FREQUENTLY ASKED QUESTIONS

#### Is there a downtime after brow lamination?

Do not wet your brows 24 hours post lamination or partake in activities that cause excessive sweating. Do not apply makeup to the brows.

#### Does it hurt?

There is no discomfort during or after the process at all.

#### Does it damage my brow hair?

Brow lamination does not cause any long term damage to the brow hair. We use products that are gentle on the hair and skin.

#### How long does it last?

It can last up to 4-8 weeks if proper care is taken during the 24 hours post lamination.

1x Session **\$98** 

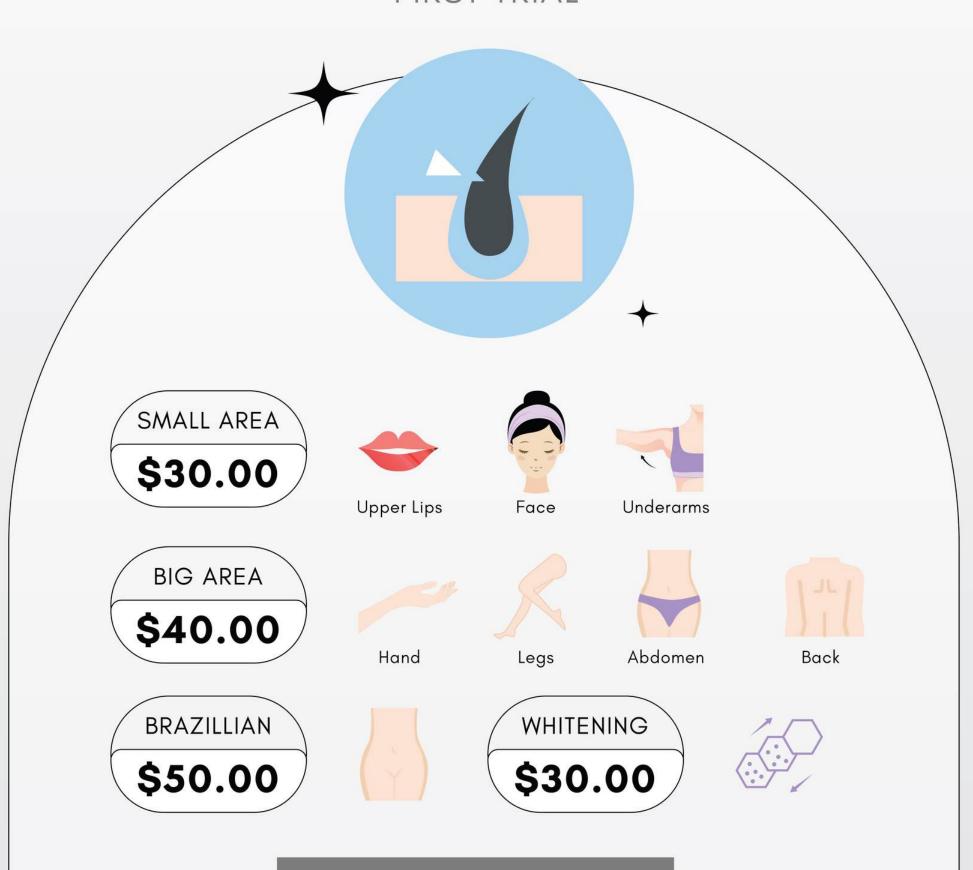
3x Sessions

\$228



## SUPER HAIR REMOVAL

FIRST TRIAL



Men's Trial Additional \$16.00

#### WHAT IS SHR OR SUPER HAIR REMOVAL?

SHR uses low fluence repetitive laser pulses while providing concurrent contact cooling. The combination of the two makes the entire experience painless and provides efficient permanent hair removal.

SHR uses gentler pulses of energy at a higher frequency. It is also able to target all hair types, from fine to coarse hair.

Because of the gradual accumulation of the energy into the skin, there is less trauma and irritation on the skin – making it ideal and suitable for everyone, regardless of skin tone and even for customers with sensitive skin.



## SUPER HAIR REMOVAL FREQUENTLY ASKED QUESTIONS



#### Is it painful?

No, SHR treatment is fast and painless. Cooling gel can be requested for every session.

## Do I need to shave before coming for my treatment?

Yes, please shave 1-day before the treatment.

A standard fee of \$16.00 will be charged for our therapist to shave on your behalf.

## How many session does it take to achieve permanent hair removal?

Ideally it would be around 12 sessions depending on individual. But we do offer unlimited packages so you can continue for as long as there is still hair growth!

#### How long should the treatment intervals be?

There should be a three-to-four week recovery or "down" time is required to meet this anagen phase as well as to give the skin a recovery time before the next treatment.

#### Will the treatment cause me to have ingrown?

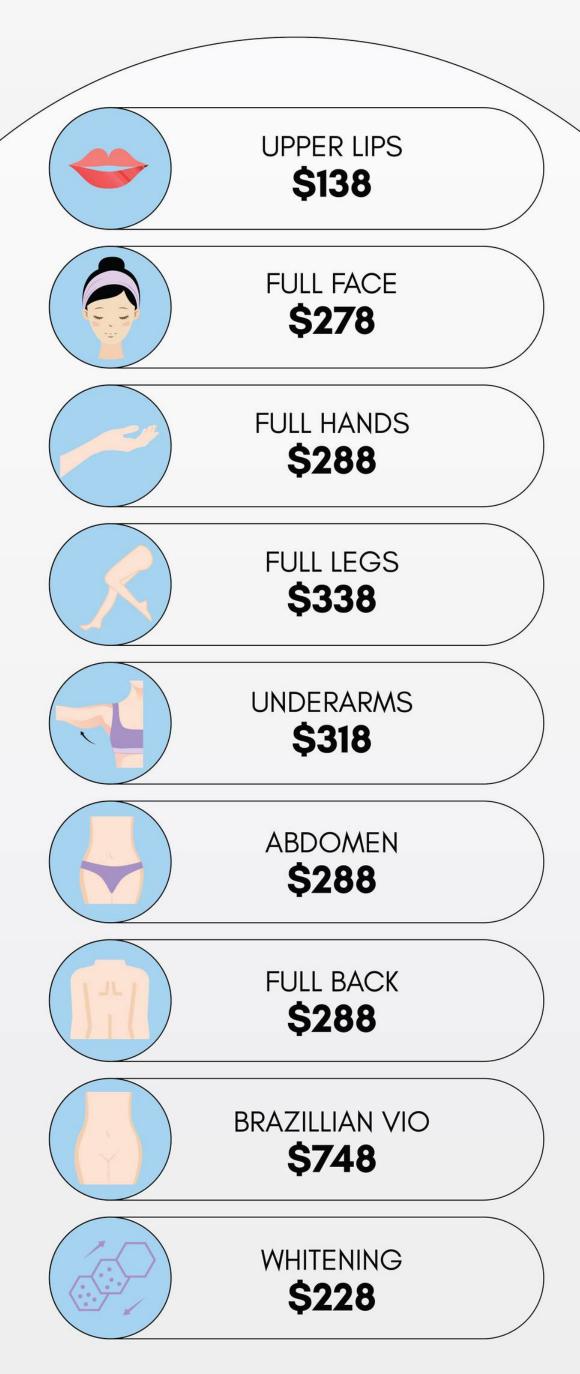
No, SHR does not create ingrowns but helps stop hair growth.

Our therapist are trained to prevent this problem.



## SUPER HAIR REMOVAL

UNLIMITED PACKAGE



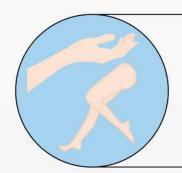


## SUPER HAIR REMOVAL

UNLIMITED PACKAGE



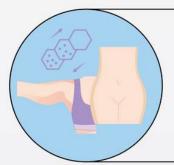
FULL FACE + UPPER LIPS \$358



FULL HANDS + FULL LEGS \$538



UNDERARMS + FULL HANDS + LEGS FREE WHITENING \$748



UNDERARMS + BRAZILLIAN VIO FREE WHITENING \$968



FULL BODY COMBO FREE WHITENING \$1188

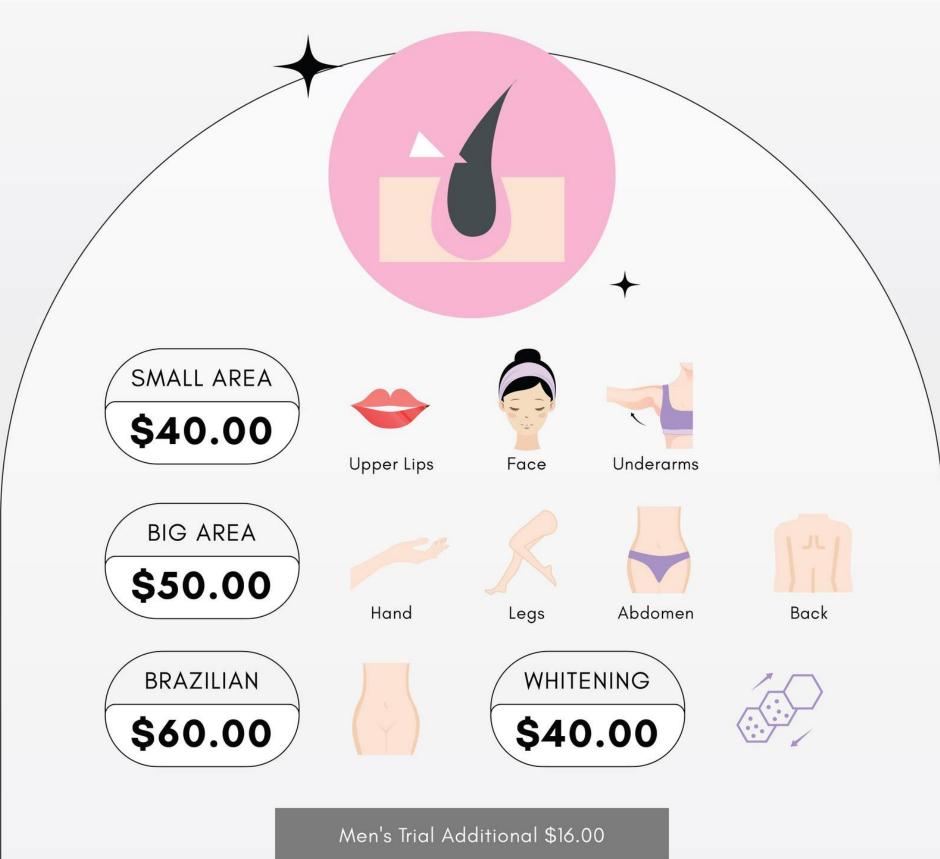


FULL FACE + FULL BODY FREE WHITENING \$1298



## DIODE HAIR REMOVAL

FIRST TRIAL



DHR is the latest technology of hair removal that uses a diode laser to target and destroy hair follicles, resulting in permanent hair reduction from various parts of the body, including the face, arms, legs, underarms and bikini area.

WHAT IS DHR OR DIODE HAIR REMOVAL?

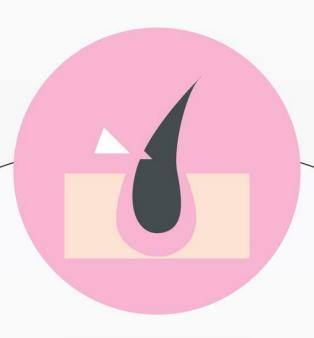
The diode laser emits a concentrated beam of light that is absorbed by the pigment in the hair follicles, heating them up and destroying them.

This process is known as selective photo thermolysis. At the same time, it incorporates skin cooling to protect the surface of the skin.

The diode laser delivers high frequency, low fluence pulses and is safe for all skin types, including darker skin tones, and can be used to treat both large and small areas of the body.



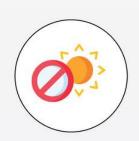
#### DIODE HAIR REMOVAL



#### **BENEFITS**

Safe & Minimal Discomfort
Effective On All Skin Types
Fewer Sessions Required
Long Lasting Results
Precision Targeting
Boosts Confidence
Fast And Efficient
Improved Skin

#### **AFTERCARE**



#### AVOID DIRECT SUN EXPOSURE

Prevent skin irritation and reduce the risk of hyperpigmentation.



#### AVOID HOT SHOWERS AND BATHS

Hot water might irritate the skin. Avoid for at least 24 hours, including saunas and steam rooms.



#### AVOID SCRUBBING AND EXFOLIATING FOR A WEEK

Prevent irritation and allow skin to heal properly.



#### USE GENTLE SKINCARE PRODUCTS

Avoid products that contain alcohol, harsh chemicals, and fragrances.
They can dry out the skin and cause irritation.



#### AVOID WAXING, PLUCKING, OR SHAVING

This can interfere with the hair growth cycle and reduce effectiveness of the treatment. Only shave a day or two before your next session.



## DIODE HAIR REMOVAL FREQUENTLY ASKED QUESTIONS



#### Is it painful?

No, DHR treatment is fast and painless. Cooling gel will be applied on all body parts for every session.

## Do I need to shave before coming for my treatment?

Yes, please shave 1-day before the treatment.
A standard fee of \$16.00 will be charged for our therapist to shave on your behalf.

## How many session does it take to achieve permanent hair removal?

Ideally it would be around 6-12 sessions depending on individual.

#### How long should the treatment intervals be?

There should be a three-to-four week recovery or "down" time is required to meet this anagen phase as well as to give the skin a recovery time before the next treatment.

#### Will the treatment cause me to have ingrown?

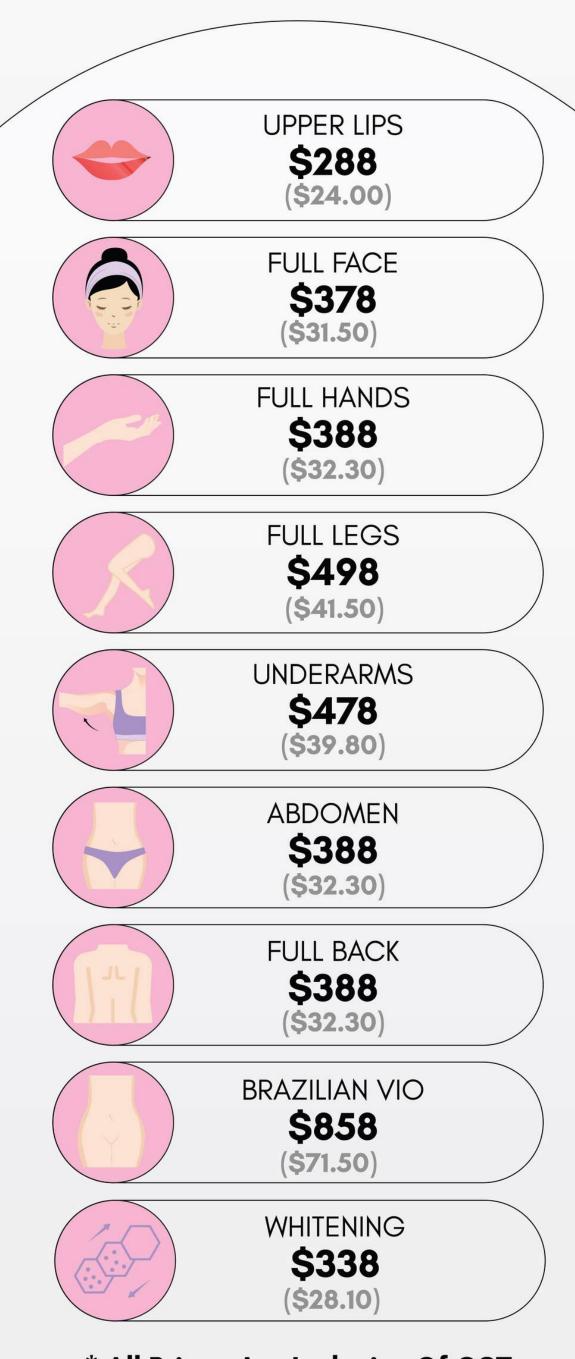
No, DHR does not create ingrowns but helps stop hair growth.

Our therapist are trained to prevent this problem.



## DIODE HAIR REMOVAL

BUNDLE OF 12





### DIODE HAIR REMOVAL

BUNDLE OF 12



\$618 (\$51.50)

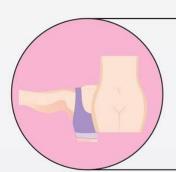


\$838 (\$69.80)



UNDERARMS + FULL HANDS + LEGS
FREE WHITENING

**\$968** (\$80.60)



UNDERARMS + BRAZILIAN VIO

\$1078

(\$89.80)

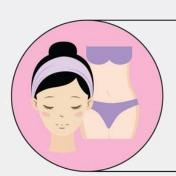


FULL BODY COMBO

FREE WHITENING

\$1408

(\$117.30)



FULL FACE + FULL BODY

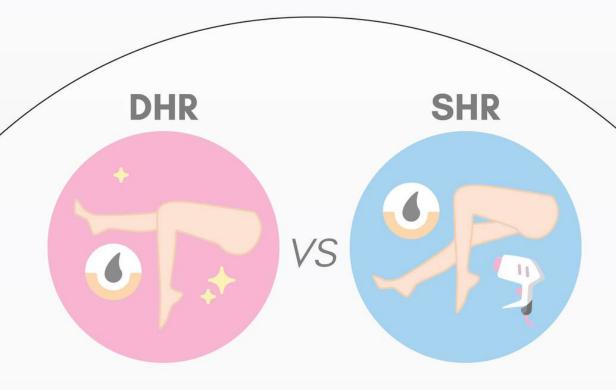
FREE WHITENING

\$1518

(\$126.50)



#### DIFFERENCE BETWEEN DHR AND SHR?



#### **Technology**

DHR uses a specific wavelength of light that is absorbed by the pigment in the hair follicles, while SHR uses a broad spectrum of light to target the hair follicles.

#### **Effectiveness**

Both DHR and SHR treatments are effective at reducing hair growth, but DHR treatments may be more effective in eliminating ingrown and thicker hairs.

#### **Number of Sessions**

DHR treatments typically require fewer sessions than SHR treatments to achieve the desired results. This is because the specific wavelength of light used in DHR is more effective at targeting the hair follicles and reducing hair growth.

More effective in reducing hair growth, eliminating ingrowth and thicker hairs

Longer treatment time but require lesser sessions

Permanence: High

Suitable for all skin types, especially darker skin tones to prevent burn

**Painless** 

Cooling gel on all areas

Effective in reducing hair growth

Shorter treatment time but requires more sessions

Permanence: Low-Mid

Suitable for all skin types

Almost painless

Does not specifically require cooling gel







K-Derma Aquapeel \$40.00



K-Derma Glow \$40.00



K-Derma Neck Care \$40.00



K-Derma V Lift \$40.00



Combo Any 2 **\$58.00** 





#### EXPRESS FACIAL



Double Cleanse
Hydro Dermabrasion
Cucumber Soft Exfoliation Scrub
Ultrasonic Scrubber
Hyaluronic Acid Silk Mask
LED Light Therapy
Head Massage

K Derma Aquapeel is a safe and non-invasive treatment to deeply cleanse the skin with the use of exfoliation, hydration and integrated vacuum extraction for in depth cleansing to help unclog pores. It is also paired with Luxury Cell Peptide Ultra Moisturizing Cream to nourish the skin after. This treatment deeply cleanses impurities and allows skin care to be better absorbed.



Double Cleanse
Cucumber Soft Exfoliation Scrub
Ultrasonic Scrubber
Cold Compress & Ultrasound
Hyaluronic Acid Silk Mask
LED Light Therapy
Head Massage
Oxy Toner + Moisturizer + Sunblock

Glow treatment helps in hydrating and brightening the skin. Paired with Cold Compress, Ultrasound & Vitamin C Serum to achieve a smooth, even and glowy complexion.



Double Cleanse
Cucumber Soft Exfoliation Scrub
Ultrasonic Scrubber
Cold Compress & Ultrasound
Radio Frequency
Hyaluronic Acid Silk Mask
LED Light Therapy
Head Massage
Oxy Toner + Moisturizer + Sunblock



V-Lift & Neck Care treatment uses a combination of Radio Frequency
Cold Compress & Ultrasound treatment to lift, tighten and helps tone aging skin
by stimulating collagen production and blood circulation on targeted areas with
the help of our Face Rubbing Cream.





7in1 Babyface \$98.00



Meridian Bojin **\$98.00** 



Omakase Facial \$98.00



Skin Rejuvenation **\$98.00** 



24K Gold Collagen V-Lift **\$98.00** 



OPT Back Acne Cleanse \$98.00







Carboxytherapy \$98.00



Acne Bust **\$98.00** 



LED cell regeneration \$98.00



Silhouette InstaLift \$98.00



H20 Korea Bubble **\$98.00** 



Milia Seed Removal + Facial \$98.00





TINI BABYFACE



Double Cleanse
Hydro Dermabrasion
Cucumber Soft Exfoliation Scrub
Cleanse Impurities with Ultrasonic Scrubber
Traditional Extraction w Hot Steam
Cold Compress + Ultrasound + Radio Frequency
Specially Curated Clay Mask
Face + Head + Shoulder Massage
Oxy Toner + Moisturizer + Sunblock

71NI Babyface Full Facial Treatment helps to cleanse, hydrate, brighten, tighten and lift sagging skin and improve wrinkles and fine lines. It is specially curated with premium ampoule to achieve glowy, soft, supple and dewy skin in just one treatment!

MERIDIAN BOJIN



Double Cleanse
Cucumber Soft Exfoliation Scrub
Cleanse Impurities with Ultrasonic Scrubber
Traditional Extraction w Hot Steam
Meridian Bojin Treatment
Face + Head + Shoulder Massage
Glass Ball Cold Compress
Specially Curated Clay Mask
Oxy Toner + Moisturizer + Sunblock

Bojing helps improve blood circulation of the skin by putting pressure on the meridian points to treat the internal and external factors of our skin concern. Glass ball is used to soothe the skin after with premium ampoule to boost hydration.



This is a customised facial fully curated according to your personal skin type, needs and concerns on the current constitution to bring outthe best results.





Double Cleanse
Cucumber Soft Exfoliation Scrub
Cleanse Impurities with Ultrasonic Scrubber
Traditional Extraction w Hot Steam
Intense Pulse Light Treatment
Face + Head + Shoulder Massage
Glass Ball Cold Compress
Specially Curated Clay Mask
Oxy Toner + Moisturizer + Sunblock

IPL Skin Rejuvenation treatment helps to fade dark spots and inhibit melanin production. It prevents yellow complexion, tackle the causes of acne and side effects like scarring and reduces redness and inflammation. This process has no invasive procedure which is safe for the skin.



Double Cleanse
Cucumber Soft Exfoilation Scrub
Extraction Using Ultrasonic Scrubber
Cold Compress + Ultrasound + Radio Frequency
Face + Head + Shoulder Massage
Glass Ball Cold Compress
24K Gold Collagen Serum & Web Mask
Oxy Toner + Moisturizer + Sunblock

24K Gold Collagen V-Lift treatment uses Cold Compress, Ultrasound and Radio Frequency treatment to lift, tighten and helps tone aging skin by stimulating collagen production and blood circulation on targeted areas with the help of our Face Rubbing Cream. Both combinations targets sagging skin, improve wrinkles and fine lines. It is fully enhanced with our 24K Gold Collagen Serum & Web Mask.



Double Cleanse
Hydro Dermabrasion
Cucumber Soft Exfoilation Scrub
Traditional Extraction w Hot Steam
OPT Light Treatment
Head + Shoulder + Back Massage
Specially Curated Clay Mask
Lotion Cream

OPT Back Acne Cleanse helps to treat acne problems, lighten scarring, reduce redness and inflammation.



## CARBOXYTHERAPY



Non-Invasive Carboxytherapy is a treatment during which a gas, carbon dioxide (CO2), is infused into the skin to encourage an increased flow of oxygen. Carbon dioxide is a naturally occurring gas in the body and as such it can not cause any allergic or other unwanted reactions.

By infusing carbon dioxide into the skin, an acidic environment develops.

This signals our organism to secure oxygen to the tissue in the treated region and accumulate natural growth factors (vascular endothelial growth factors).

Within several days after the treatment there is an increased natural distribution of oxygen in the places of application, a completely new microcirculation is created, lymphoid drainage is increased and in this process skin regeneration is achieved in a natural way.

During the treatment, a Carboxytherapy Gel is applied to the face in an even layer.

A Carboxytherapy Activator Face Mask is then pressed firmly onto the gel.

The interface produces a specific amount of carbon dioxide, which is infused into the skin.

#### **BENEFITS**

Improves dark eye circles
Lifts and tightens your skin
Brightens and even the skin tone
Improves the hydration of you skin
Visibly shrinks the size of your pores
Improves the radiance and glow of your skin
Improves the firmness and elasticity of the skin
Visibly reduces the appearance of fine lines and wrinkles
Detoxes the skin of free radical and environmental pollution
Visibly reduces the appearance of nasolabial and forehead lines

1x Session

\$98

(Extraction Included)



### ACNE BUST



If you've been struggling with acne or unsightly blemishes, this treatment is right for you!

This facial uses high frequency technique to kill acne-causing bacteria, decreases inflammation, increases oxygen to the skin, improving the overall texture, tone, glow and helps to treat acne problems. All of this promotes collagen stimulation and elastin production, providing a firmer and more youthful appearance. The oscillation produced by high frequency aids in lymphatic drainage and helps to evenly disperse excess fluid.

#### **BENEFITS**

Oxygenates the skin
Increases circulation
Shrinks enlarged pores
Safely kills acne-causing bacteria
Minimises inflammation and redness
Reduces acne and prevents future breakouts
Reduces post-inflammatory hyperpigmentation

This treatment is considered to be a safe, gentle and therapeutic to skin rejuvenation. It also provides quick healing which restores your skin's health.

1x Session \$98

(Extraction Included)



## LED CELL REGENERATION



LED light therapy uses various wavelengths that correspond to different visible colors.

Each color penetrates the skin at different depths.

It can help reduce and improve different skin conditions and issues with all 7 different colors.

#### TREATMENT INCLUDES

Double Cleanse
Cell Regeneration LED Light
Ultrasound w Premium Ampoule
Cucumber Soft Exfoliation Scrub
Traditional Extraction w Hot Steam
Cleanse Impurities with Ultrasonic Scrubber



1x Session

\$98

(Extraction Included)



#### LED CELL REGENERATION



#### **RED LIGHT**

#### **ANTI-AGING | 630NM**

Stimulates collagen and elastin to fight sagging skin and reduce wrinkles.



#### **BLUE LIGHT**

#### ANTI-ACNE | 415NM

Kills bacteria and shrinks sebaceous glands to combat acne, redness and scars.



#### YELLOW LIGHT

#### **DISCOLORATION | 590NM**

Promotes circulation to undo sun-damage, reduce age spots and improve radiance.



#### CYAN BLUE LIGHT

#### SKIN SOOTHER | 500NM

Reduces swollen capillaries and balances skin texture to enhance complexion.



#### PURPLE LIGHT

#### **CELL REJUVENATION | 390NM**

Fights off acne and signs of aging, while reducing inflammation, scars and sagging.



#### **GREEN LIGHT**

#### **SKIN BALANCER | 525NM**

Reduces melanin and promotes drainage to balance oily skin and enhance radiance



#### WHITE LIGHT

#### **ULTIMATE REPAIR | ALL WAVELENGTHS**

Penetrates skin deepest and speeds up skin metabolism to increase regeneration



## SILHOUETTE INSTALIFT



The Silhouette InstaLift facial is an exquisite fusion of traditional and modern skincare techniques. Combining the ancient art of gua sha with the latest ultrasonic technology, this innovative treatment utilizes an advanced gua sha tool known as the 少女线 to infuse gentle microcurrents deep into the skin, elevating the traditional gua sha technique to new heights.

Silhouette InstaLift is designed to rejuvenate and restore youthful vitality to the skin. Paired with our 24K Gold Serum, the result is a remarkable improvement in circulation, lymphatic drainage, and collagen production, leaving your skin looking visibly radiant and lifted. It is the ultimate choice for those seeking to combat the signs of aging and achieve a natural glow. This treatment is suitable for all skin types and can also be tailored to address specific skin concerns, making it versatile and highly effective. Beyond the skin benefits, the soothing massage provides a deeply relaxing experience, melting away stress and tension.

#### **BENEFITS**

Enhanced Elasticity
Lymphatic Drainage
Improved Circulation
Collagen Stimulation
Lifting and Contouring
Combat Signs of Aging
Natural and Radiant Glow



1x Session

\$98

(Extraction Included)



### H20 KOREA BUBBLE



Experience a rejuvenating cleanse with our H20 Korea Bubble treatment that is designed to deeply purify and hydrate your skin. This treatment combines innovative technology with soothing techniques to reveal a fresh, glowing complexion. It utilizes a device that generates bubbles through a specialized pen-like applicator. These bubbles create a gentle, foaming action that helps to lift away impurities and exfoliate the skin.

This luxurious treatment focuses on deep cleansing and hydration, leaving your skin feeling purified, revitalized, and glowing. Perfect for all skin types, it offers a comprehensive approach to achieving a healthy, radiant complexion.

**BENEFITS** 

Healthy Glow
Plump & Hydrated Skin
Purified & Refined Pores
Improved Product Absorption
Enhanced Skin Cell Metabolism





## MILIA SEED REMOVAL



Milia is the build-up of keratin that forms small cyst-like structures within the skin. It can be effectively & permanently removed with minimal discomfort and downtime.

Milia are very common small superficial cyst found in the upper layer of the skin called the epidermis. They are tiny white to yellow coloured bumps under your skin, and are commonly found around the eyes.



Milia Seed Removal

\$78



Facial + Milia Seed Removal

\$98



# FACIAL TREATMENTS



B-Tox Peel **\$108.00** 



Milia Seed Removal \$78.00



Skin Booster (HA) \$108.00



Skin Booster (PDRN Salmon) **\$108.00** 



Derma Roller Microneedling Treatment \$118.00



BB Watershine
Glow Treatment
\$88.00





## B-TOX NANO TECHNOLOGY PEEL



B-Tox Peel is a non-chemical peeling method for all skin types. It is a non-invasive autotherapy for the skin. Unlike chemical peels, the procedure has no age restrictions and is suitable for any skin types, most importantly it does not cause side effects.

B-Tox Peel is patented with an ingredient called Silitox™ It has excellent results on Oily Acne Prone Skin, Pigmentation, Uneven Skin Tone and Aging Skin. However it can be used on all skin types.



**ACNE SKIN** 

Silitox<sup>™</sup> removes and detox the epidermal layer of skin. Soothes inflammation and minimizes pores. It also reduces bacteria for acne infection.

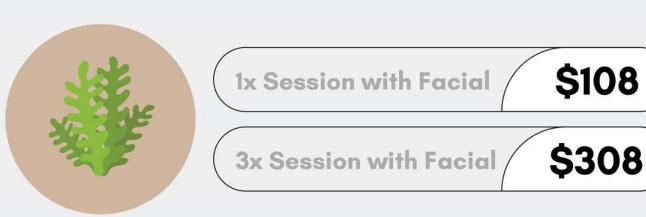


PIGMENTATION, UNEVEN SKIN TONE

Silitox' stimulates circulation and cell regeneration. It boosts our skin's collagen level and elastin of the skin. Smooths wrinkles and soften the skin.



Silitox removes dead skin and leaves your skin radiant and healthy. Prevents blemish, age spots and removes keratosis.





#### B-TOX NANO TECHNOLOGY PEEL



#### **BENEFITS**

Cell regeneration
Restructures skin tissues
Purify Acne and oily skin
Detoxify skin with dull skin
Smooth Wrinkles, shrink pores
Improves hyper-pigmentation
Promotes collagen and elastin
Regulates production of sebum

#### **AFTERCARE**

Tingle sensation with redness ONE - THREE DAYS Apply calming skin care Dry sensation but skin will feel more tighten and lifted. THREE - FIVE DAYS Keep hydrating the skin with moisturizer. Dead skin cell rejuvation. Pigment may appear darker SIX - TEN DAYS but it will become lighter and brighten after peeling. Apply UV Sun Protection Cream. Skin becomes noticeably softer TEN - FOURTEEN DAYS and gives off a bright glow

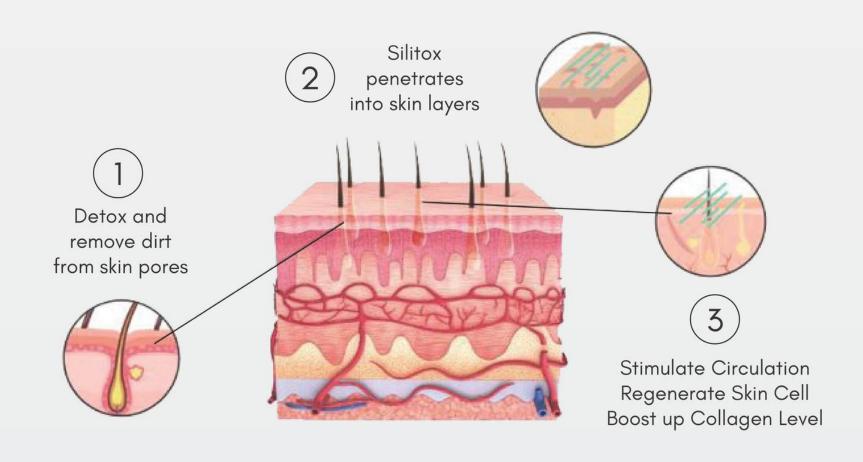


# B-TOX NANO TECHNOLOGY PEEL HOW DOES B-TOX PEEL WORKS?



A mixture of B-Tox solution and powder will be applied to penetrate the skin.

Within 48–52 hours after the treatment, these mineral rich Silitox™ microneedles penetrate into the dermis and the epidermal layer of the skin and dissolve. This starts the process of skin renewal from the inside, linking collagen, elastin and fibrin fibers together. By stimulating capillary blood circulation, B-TOX activates detoxification, promotes cell division and brightens pigment spots. By promoting the epidermal cell, it not only allows thickened scaly skin layer, but helps eliminate dead skin and keratin that were built up in the pores and epidermis. It also helps accelerate cell regenerative cycles.





## B-TOX NANO TECHNOLOGY PEEL



B-Tox Peel is a non-chemical peeling method for all skin types. It is a non-invasive autotherapy for the skin. Unlike chemical peels, the procedure has no age restrictions and is suitable for any skin types, most importantly it does not cause side effects.

B-Tox Peel is patented with an ingredient called Silitox™ It has excellent results on Oily Acne Prone Skin, Pigmentation, Uneven Skin Tone and Aging Skin. However it can be used on all skin types.



**ACNE SKIN** 

Silitox<sup>™</sup> removes and detox the epidermal layer of skin. Soothes inflammation and minimizes pores. It also reduces bacteria for acne infection.

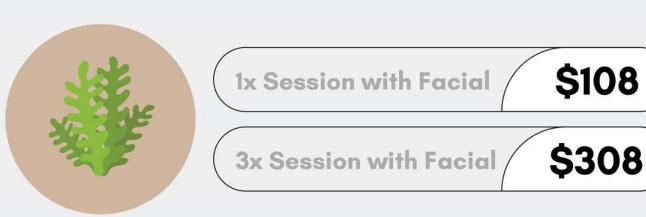


PIGMENTATION, UNEVEN SKIN TONE

Silitox' stimulates circulation and cell regeneration. It boosts our skin's collagen level and elastin of the skin. Smooths wrinkles and soften the skin.



Silitox removes dead skin and leaves your skin radiant and healthy. Prevents blemish, age spots and removes keratosis.





## SKIN BOOSTER

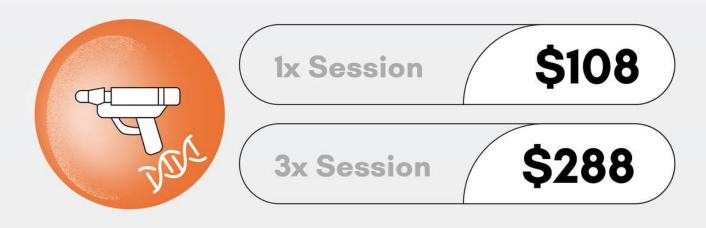
PDRN SALMON DNA
NEEDLELESS SKIN BOOSTER MESOTHERAPY



This treatment is one of the most natural methods of skin rejuvenation. It is the closest DNA to human DNA. It is obtained from salmon and used in skin rejuvenation treatment. Salmon DNA helps skin regenerate, protecting the moisture by keeping the skin hydrated. It also aids in anti-aging, anti-inflammatory and skin whitening.

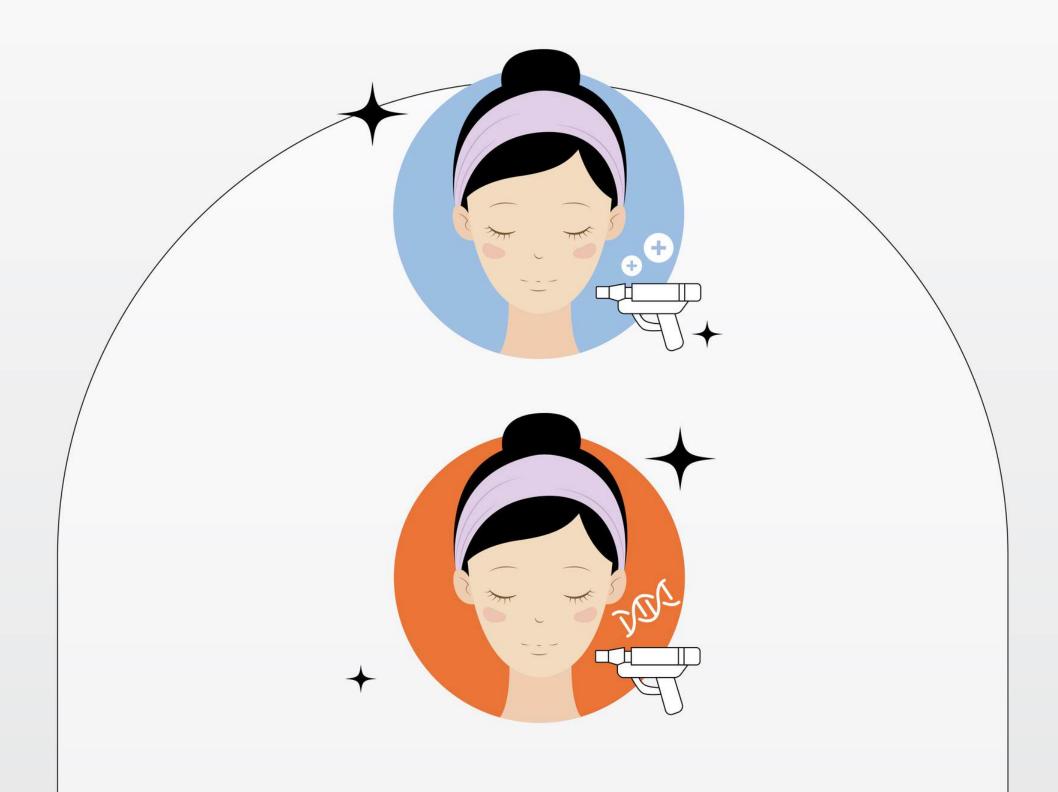
It is proven to improve skin texture, skin tone and gives a rapid reversal effect to damaged skin. Also, it's aids to lift sagging skin and improves uneven texture, roughness, fine lines and wrinkles.

Non Invasive
Skin Rejuvenation
Deep Moisturizing
Tighten & Lifts Skin
Extraction Included
Suitable for All Skin Types
Stimulates Collagen Growth
Reduce Fine lines & Wrinkles
Needle Free, Pain Free, Zero Downtime





# SKIN BOOSTER



2IN1 COMBO HA + PDRN SALMON DNA NEEDLELESS SKIN BOOSTER MESOTHERAPY





### DERMA ROLLER MICRONEEDLING TREATMENT



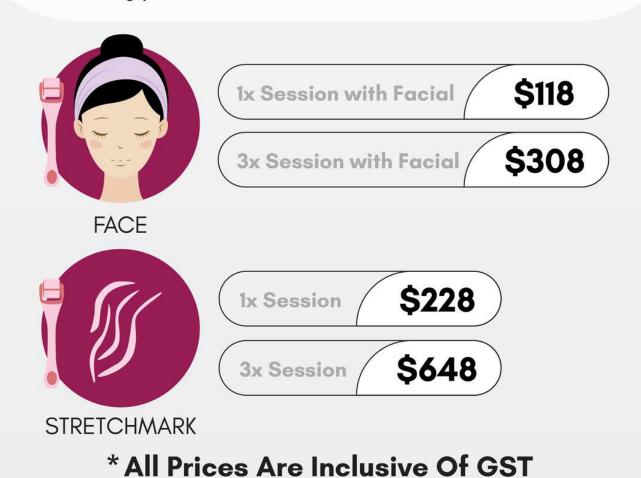
A dermaroller is a skin care device used to help rejuvenate the skin, treat acne scarring/stretchmarks, and reduce signs of aging.

When the dermaroller is rolled over the skin, the small, fine needles on the roller puncture the skin. The holes that the needles create in the skin are tiny and considered to be superficial.

When the skin is punctured, this creates a controlled skin injury. It does not cause actual damage to the outer layer of skin. The needles help to break down any scar tissue.

#### MAIN FUNCTION OF DERMAROLLER MICRONEEDLING

Shrink pores
Reduce fine lines /wrinkles
Reduce production of sebum
Boost Collagen skin rejuvenation
Reduce appearance of stretchmarks
Strongly recommended to treat facial/acne scars





# BB WATERSHINE GLOW TREATMENT



It is a semi permanent makeup treatment that includes active ingredients that will help your skin achieve glow, radiance, poreless, flawless looking skin up to 4months.

By using mts (micro-needling therapy system) and tinted serums you will achieve instant glow, skin brightening and rejuvenation effect giving a overall bb foundation glow effect.

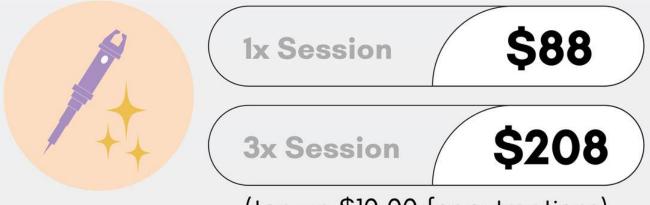
BB ampoules used are kfda approved with 100% safe and natural ingredients skin color brightening ampoules.

### HOW LONG CAN IT LASTS AND HOW MANY TREATMENT TO SEE RESULTS?

Results are instant from just one session. For better and long-lasting results, three sessions are recommended every two weeks thereafter one session every two months to maintain. Results can lasts up to 4-6 months.

#### WILL THE TREATMENT CLOG MY PORES?

No, the treatment will not clog your pores as the ampoules used are serums which ore free of silicone, completely natural and non-comedogenic.



(top up \$10.00 for extractions)



#### BB WATERSHINE GLOW TREATMENT

#### **AFTERCARE**



Always apply sunblock



Avoid cleansing



Do not use scrub or your face in 24 hours exfoliate for the first week

#### BB WATERSHINE GLOW TREATMENT INCLUDES



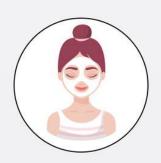
Cleanse



Exfoilate



Stave Gold Peptide Ampoule Stave BB Ampoule



Hydrating Mask



Moisturizer



Sunscreen



# FACIAL TREATMENTS



Black Doll Treatment \$108.00



Derma Drip Infusion \$108.00



HIFU Face From \$138.00



RF Face **From \$98.00** 



Eye Spa **\$88.00** 





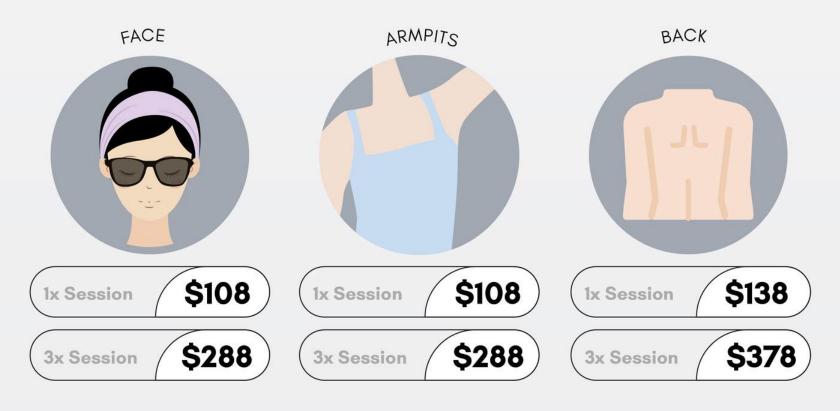
### BLACK DOLL TREATMENT



The Black Doll treatment, also referred as 'Hollywood Peel\* is for those seeking clear skin without any large pores, blackheads, dark skin and impurities. This treatment gives an instant glow with lightened skin tone.

The Black Doll Carbon Peel treatment is a painless, non-invasive facial that uses nano-carbon particles with a high intensity pulse of light to destroy dirt and blackheads that are clogged deep in skin follicles. A carbon enriched lotion is applied on the skin before it is treated with the laser. The heat from the laser enables the carbon powder to get absorbed into the skin, stimulating the skin cells.

The process then establishes the regeneration process by encouraging growth of collagen and elastic fibers. The treatment leaves the skin with tighter pores, reduced acne scars, reduced wrinkles and collagen growth stimulated through the elimination of dead skin. The facial is also known for instant results in achieving glowing and fairer skin.





# WHAT TO EXPECT AFTER GETTING A BLACK DOLL CARBON PEEL TREATMENT?

This is a simple procedure that gives instant results, it rejuvenates the skin in many ways like:



Plumps the skin



Treats oily skin



Tightens enlarged pores



Whiten and brightens uneven skin



Diminish Acne and Acne Scars

#### **DOES THE TREATMENT HURT?**

Just like IPL Photo Rejuvenation, the Black Doll Treatment uses the laser to penetrate in the skin that can cause a sensation of heat. However it is painless and non invasive.

### HOW MANY SITTINGS ARE REQUIRED FOR OPTIMUM RESULTS?

You will usually require 4-6 sittings for optimal visible result but this does depend on the pre-skin conditions.



# DERMA DRIP INFUSION



Experience the ultimate in skincare with our revolutionary Derma Drip Infusion treatment — a cutting-edge facial solution designed to address all your skin concerns with precision and ease. This treatment utilizes a state-of-the-art spray gun to deliver specialized solutions deep into your skin, enjoying a painless, non-invasive experience without the use of needles. Due to the micro-sized molecules in our advanced formulas, it ensures optimal absorption and effectiveness.

#### **CHOOSE YOUR PERFECT SOLUTION**

**Antioxidant**: Protect and revitalize your skin with a formula rich in antioxidants that neutralize free radicals, reducing oxidative stress and promoting a healthier, more resilient complexion.

**Brightening/Whitening**: Reveal a radiant, youthful glow with our brightening solution, which targets dullness and uneven skin tone to give you a luminous complexion.

**Soothing & Hydration**: Soothe and replenish your skin with our hydrating formula, enriched with calming ingredients that restore moisture and comfort to irritated or dry skin.

**Anti-Aging**: Rejuvenate your appearance with our anti-aging solution, packed with powerful ingredients that reduce fine lines and wrinkles promoting a firmer, more youthful look.

**Revitalizing**: Restore vitality and freshness to tired skin with our revitalizing formula, designed to energize and rejuvenate for a more vibrant and resilient complexion.

**BENEFITS** 

Non-Invasive

Minimized Pores

Painless Application

Customized Solutions

Strengthened Skin Barrier

Improves Overall Skin Texture

Deep Penetration & Enhanced Absorption





## FACE RF RADIOFREQUENCY



RF radiofrequency face treatments helps in tightening and firming skin. Like laser and LED treatments, radiofrequency uses energy to boost collagen and elastin production. It is used to tighten the underlying skin structure and contour the face to create firm, toned and youthful looking skin. It helps to firm, tighten and lift as well as reinvigorating skin for a healthy glow and also helps you achieve tighter skin for a slimmer look.





# HIFU Face & Neck



High-Intensity Focused Ultrasound (HIFU) is a fast, non-invasive therapeutic technique that uses ultrasonic waves to heat the deeper layers of skin and cause collagen production, resulting in skin tightening and a more youthful appearance with no downtime.

HIFU for the face tightens and lifts the skin, irons out wrinkles and fine lines, shrinks pores, targets the 'V' line formation and jowl lines. As an anti-aging treatment, HIFU can last up to 1-2 years and can continue to firm up your skin for months after your treatment.

#### **BENEFITS**

V shape face
Smoothens skin
Wrinkle reduction
Reduce acne scars
Softening smile lines
Reducing crow's feet
Reducing nasolabial folds
Enhancing jawline definition
Tightens sagging skin on the neck
Lifting the cheeks, eyebrows, and eyelids

HIFU is NOT suitable for people with braces, lesions or severe damage to the treatment area, metallic implants in body (not including tooth) or severe acne.

HIFU is also not allowed on areas with botox and fillers done 1-2 weeks before, however these areas can be avoided during the treatment.

Treatment can be done every 2-4 weeks, best results in 6 weeks.

\* All Prices Are Subjected To GST



HIFU WRINKLES & LIFY



1x \$138

3x \$398

(\$132.60)

5x \$648

(\$129.60)

10x \$1068

(\$106.80)

20x \$1948

(\$97.40)

30x \$2618 (\$87.20)

\* All Prices Are Subjected To GST



## EYE STEAM ATOMIZER SPA



This device emits a specialized essence with hot & cold air to revitalize, clean and treat eye problems. Infused in the treatment is our specialised eye cream, mask and bojin massage to fully rejuvenate and relax.

#### **BENEFITS**

Tightens skins
Lighten wrinkles
Improves eye bags
Treats red veins in eyes
Lighten dark eye circles
Treats dry and tired eyes



Eye Spa With Facial

\$88

Double Cleanse
Soft Cucumber Exfoilation Scrub
Cleanse Impurities with Ultrasonic Scrubber
Traditional Extraction w Hot Steam
Bojin Eye Massage w Promium Eye Cream
Serum with Cold Compress
Facial + Eye Mask with Eye Spa Hot & Cold Steam
Face + Head + Shoulder Massage
Oxy Toner + Moisturizer + Sunblock



(Premium)

Bojin Eye Massage Premium Eye Cream Eye Mask Eye Spa Hot & Cold Steam



(Basic)

Eye Mask Eye Spa Hot & Cold Steam

Eye Spa Add On

\$30

Eye Spa Add On

\$10



# Skin Camouflage Treatment



Skin Camouflage is a treatment that utilizes specially formulated products to conceal various skin imperfections and minimise the appearance of dark eye circles, scars, stretchmarks, birthmarks and even melasma. Its aim is to improve aesthetic appearance, enhance confidence and reduce self consciousness by providing a semi-permanent solution, contributing to an improved overall well-being.



Dark eye circles

1 session \$208

3 session

\$588

Scars | Birthmark | Melasma

PM for quote



# SKIN CAMOUFLAGE TREATMENT HOW DOES SKIN CAMOUFLAGE TREATMENT WORKS?



Our skilled professionals tailor the treatment by using a skin tone detection device to measure the melanin, carotene and hemoglobin levels in the skin to match your skin tone to the colour palette, which will then be expertly deposited into the skin's upper layers by micropigmentation method — making imperfections less noticeable by blending them with the surrounding skin.

#### **BENEFITS**

Conceal Imperfections
Customized Approach
Boosts Confidence
Minimal Downtime
Non-Invasive
Long Lasting
Versatility



\*Results may vary depending on individual factors such as skin type, scar characteristics, severity of pigmentation and aftercare.

Additionally, those seeking complete scar elimination or unrealistic expectations may not find this treatment suitable.



# SKIN CAMOUFLAGE TREATMENT FREQUENTLY ASKED QUESTIONS



#### Is the procedure painful?

Minor discomfort may be experienced in certain areas, but overall the procedure is nearly painless and comfortable.

#### How long do the results last?

Results from skin camouflage can last for about a year, and may vary depending on individual factors and metabolism.

#### Is there a downtime for this treatment?

There is no downtime for this treatment.

# Is there a noticeable effect after just one session of skin camouflage treatment?

The initial session may not show significant results, achieving approximately 10-15% difference. The effects become more noticeable with the second session.

### Why doesn't the treatment show immediate results in one session?

The therapist is limited to 'surface-level' procedures, making it unwise to apply an excessive amount at once. Overapplication in a single session may result in skin injury and contribute to darkening.



# SKIN CAMOUFLAGE TREATMENT FREQUENTLY ASKED QUESTIONS



#### How many sessions are recommended?

It is recommended to undergo one course of treatment, typically consisting of 3-4 sessions, based on the severity or condition of scars and pigmentation.

#### What is the interval between each session?

There is a 1.5 month interval between each session to ensure the treatment area is completely healed before proceeding to the next session.

#### Can anyone undergo skin camouflage treatment?

While many individuals can benefit from this procedure, it is essential to note that severity of pigmentation plays a part in determining suitability for the treatment.

#### **Conditions NOT suitable for treatment:**

Pregnancy or breastfeeding, immune disorders, skin conditions such as psoriasis, history of keloid scarring, sensitive skin, textures with excessive prominence or severe indentations, black birthmarks, purplish-red stretchmarks.

\*Postpartum mothers should wait for at least 10-12 months before proceeding with the treatment.

\*Scars must be fully healed (at least 1 year) and are not actively changing or prone to complications.



#### SKIN CAMOUFLAGE TREATMENT DARK EYE CIRCLES







After





**Before** 



**After** 





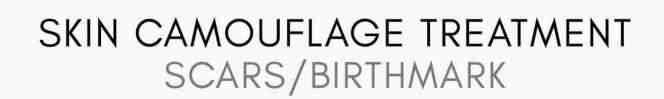




**After** 





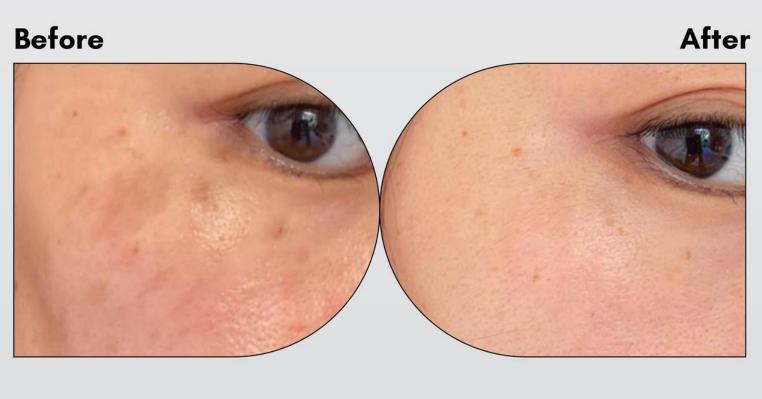








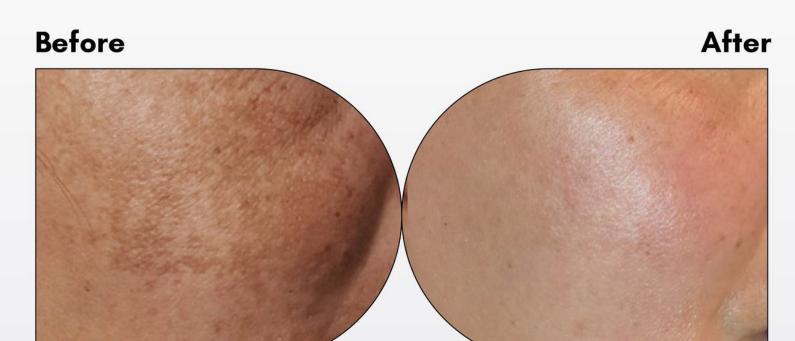






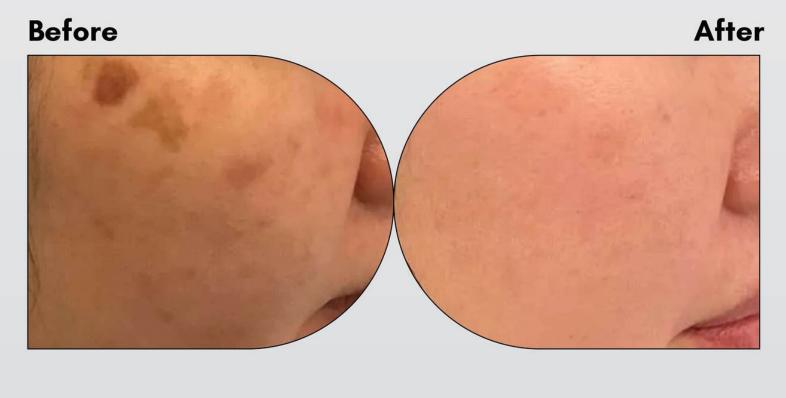




























SKIN CAMOUFLAGE TREATMENT

### Stretchmark Small area







\$228 1 session/ 3 session/

\$648



SKIN CAMOUFLAGE TREATMENT

### Stretchmark

Big area

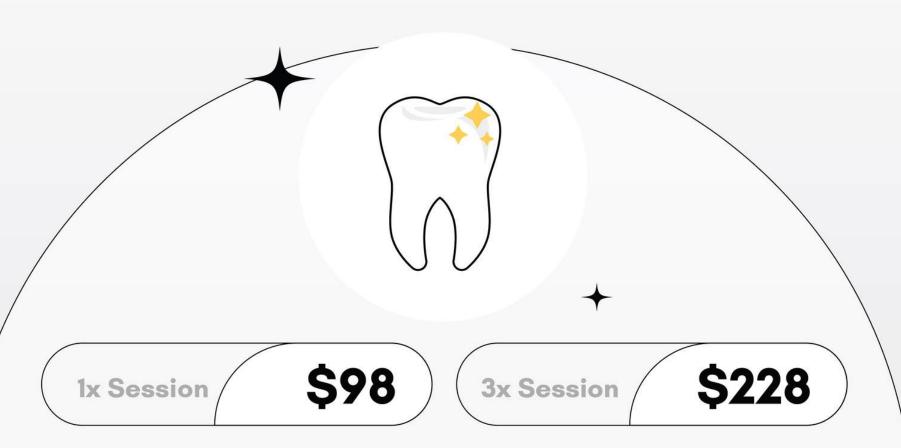


\$318 1 session/

\$888 3 session/



### TEETH WHITENING



Teeth whitening is a common cosmetic procedure for a more a confident and beautiful smile. Dental whitening is typically utilised for people who want to improve the colour of their teeth and brighten their overall smile. When the tooth loses its natural shine, becomes discoloured, or stained, teeth whitening can provide excellent cosmetic results.

Tooth discolouration can be caused by various factors such as smoking or consumption of certain food and beverages such as coffee and tea. After the teeth whitening procedure, your teeth will regain its shine and colour, giving you a bright and radiant smile that you've always wanted.

#### **HOW TEETH WHITENING WORKS?**

Teeth are made up of an inner dentin layer and a hard outer enamel layer, which protects the teeth. The enamel layer of the tooth is porous which means stains can get into the tooth and cause discolouration. chairside teeth whitening uses whitening solutions to penetrate the enamel layer of each tooth, once the solution has fully penetrated the tooth, an activator (typically a source of heat or light) is used to set off an oxidation reaction that reacts with the discoloured molecules in the teeth and as a result, whitens teeth.

#### BENEFITS OF TEETH WHITENING

The primary benefit of teeth whitening is removal of stains: Acidic beverages like coffee, tea, wine, and some foods cause discolouration, erosion of enamel and staining in the teeth. Teeth whitening process lightens the stains and brighten your smile.



# TEETH WHITENING FREQUENTLY ASKED QUESTIONS



# I'm currently on braces treatment, can I get my teeth whitened?

For people who are currently undergoing orthodontic treatment such as conventional braces will not able to get their teeth whitened until they've completed their orthodontic treatment.

# How do I maintain my white teeth after teeth whitening treatment?

The maintenance of your smile is highly dependant on your eating, drinking and oral hygiene habits. After completing your teeth whitening treatment, your smile will be bright and radiant. However, your teeth can still be stained by certain foods and drinks. We usually recommend our patients to rinse their mouth after eating or drinking in order to prevent discolouring agents from settling onto the surface of teeth; reducing the risk of discolouration.

# Are the results from teeth whitening permanent?

The results from teeth whitening are NOT permanent. The results from tooth whitening will diminish with time and patients will need to undergo teeth whitening treatments every so often to address both intrinsic and extrinsic stains. The results from chairside whitening will generally last between 12 – 18 months on average.



# TEETH WHITENING FREQUENTLY ASKED QUESTIONS



#### Does the process hurt?

No, not at all! Teeth whitening is non invasive and painless.

#### How many sessions to see results?

IN JUST ONE! However a minimum of 3 sessions is highly recommended for best results.

#### How long does one session take?

It usually takes about 45minutes.

#### Can I still do this if my teeth is sensitive?

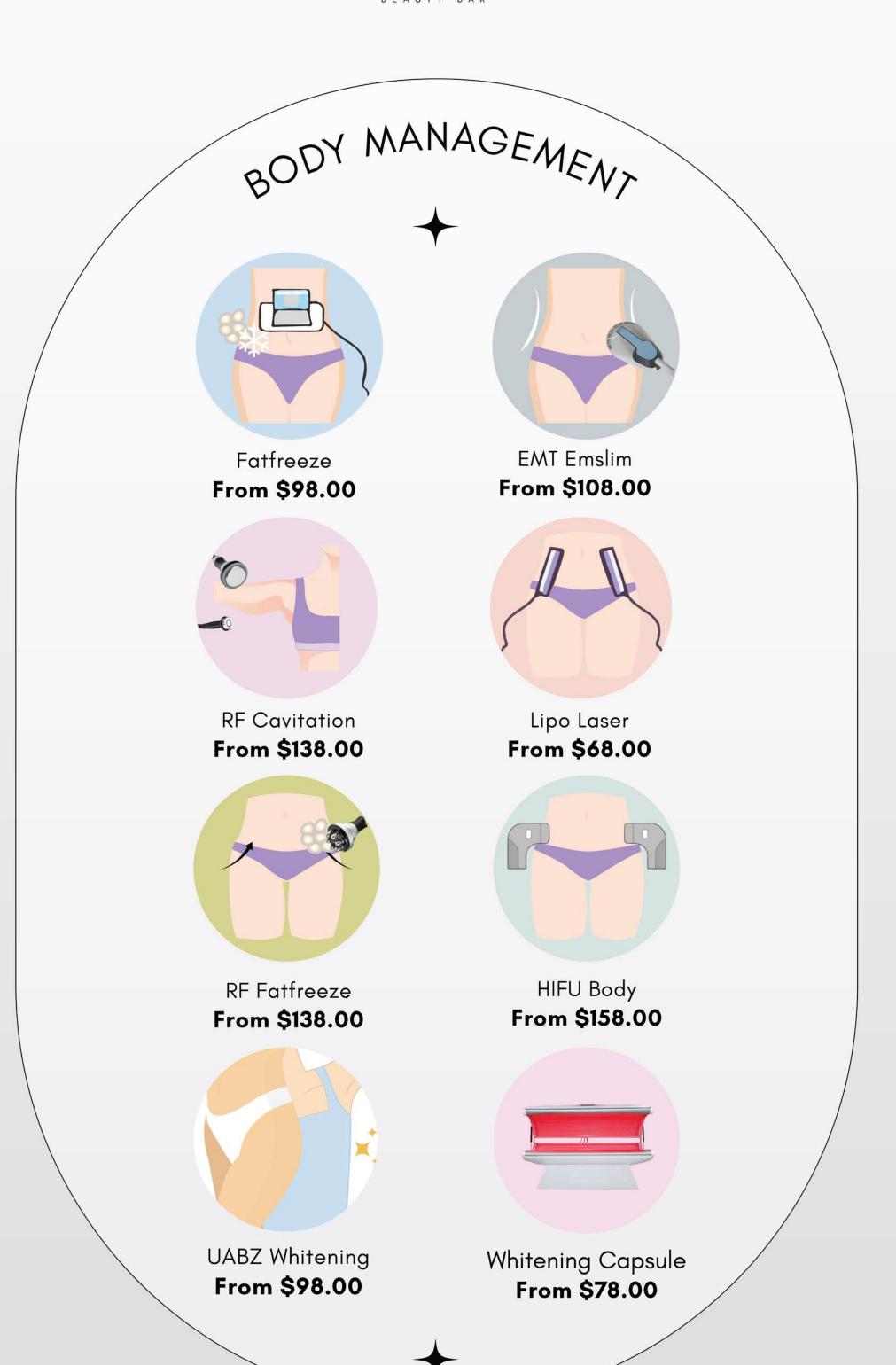
Yes you can.

The solution we use is completely safe and contains 0% peroxide yet it still offers optimal results.

# I have a dental implant/crown/ bridge, can I still get my teeth whitened?

Teeth whitening treatment will only work for natural teeth. Dental prosthetics will not be affected by teeth whitening treatment. Patients with dental prosthesis will need to discuss the prospect of whitening their teeth with their dentists in order to unify the colour of their natural teeth with the prosthetics.





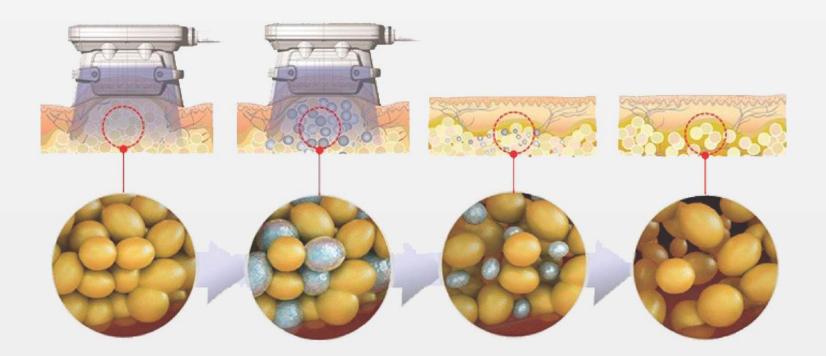


# 360° FATFREEZE TREATMENT WHAT IS FAT FREEZE?



Fat freezing, a procedure that uses freezing temperatures to break down fat cells for a period of time in the aim to reduce up to 20%-27% stubborn fats of the targeted area. It is a non-invasive and non-surgical alternative to liposuction.

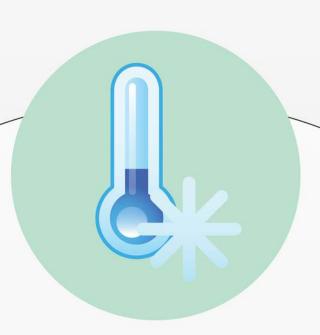
The treatment takes about 35-45 minutes per session and can be done every 3-4 weeks with no downtime.



It is used to target areas of the body where it is more difficult to remove stubborn fat by diet and or exercise. It can be selectively done to target any part of the body; such as tummy, love handles, thighs, arms, armpit fats or even double chin according to every individual's problematic areas. The process includes freezing membranes and paddles with vacuum suction to crystallize fat cells.



# 360° FATFREEZE TREATMENT FREQUENTLY ASKED QUESTIONS



#### **HOW DOES THE FAT FREEZING PROCEDURE WORK?**

Fat Freezing, uses a controlled cooling system to selectively cool then freeze fat cells, which are capable of being destroyed at low temperatures without damage to surrounding skin tissue and blood vessels. Once frozen, the dead fat cells are flushed out of the body naturally through your lymphatic system over 6 to 8 weeks.

#### WHAT HAPPENS TO THE FAT CELLS?

Following a set exposure to cooling, your fat cells undergo a natural process of cell elimination. The body's normal metabolic processes gradually remove the fat cells in the area treated, a process much like the elimination of fat from digested food over a period of time.

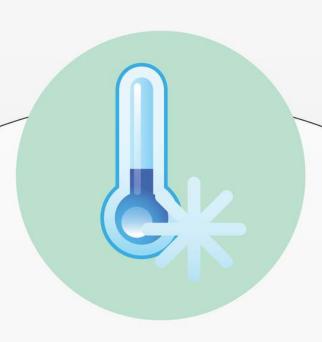
#### WHO IS A GOOD CANDIDATE?

Fat Freezing treatment is ideal for those at a stable weight with small to moderate areas of stubborn fat resistant to diet and exercise. The procedure also offers a quick, effective and affordable treatment option with minimal associated discomfort and downtime for those seeking non-invasive alternatives to surgery.





## 360° FATFREEZE TREATMENT FREQUENTLY ASKED QUESTIONS



### WHAT LONG TERM RESULTS CAN I EXPECT?

Fat cells, when exposed to controlled cooling, undergo a process of crystallization and eventual destruction which results in a gradual reduction in thickness of the fatty layer. The body's normal metabolic process gradually removes the fat cells in the treated area – a process similar to the elimination of fat from digested food.

The result is a noticeable decrease in fatty bulges, which is typically visible in most patients two to four months following the treatment.

## WHO SHOULD AVOID FATFREEZE?

## Cryoglobulinemia

A condition where abnormal proteins in your blood thicken in cold temperatures

### Cold urticaria

A skin condition that causes hives on your skin when it gets cold

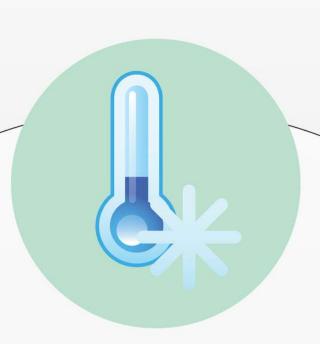
### Paroxysmal cold hemoglobinuria

A type of anemia that destroys your red blood cells when you're in cold temperatures





## 360° FATFREEZE TREATMENT FREQUENTLY ASKED QUESTIONS



### **HOW IS THE FAT FREEZING PROCEDURE PERFORMED?**

Unlike traditional surgical procedures, the fat freezing procedure is a non-invasive, needle free procedure which requires no sedation or anesthesia. During the treatment, a non-invasive membrane applicator is applied to the skin's surface with a anti-freezing membrane to deliver precisely controlled cooling to selectively target and eliminate the fat cells in the area.

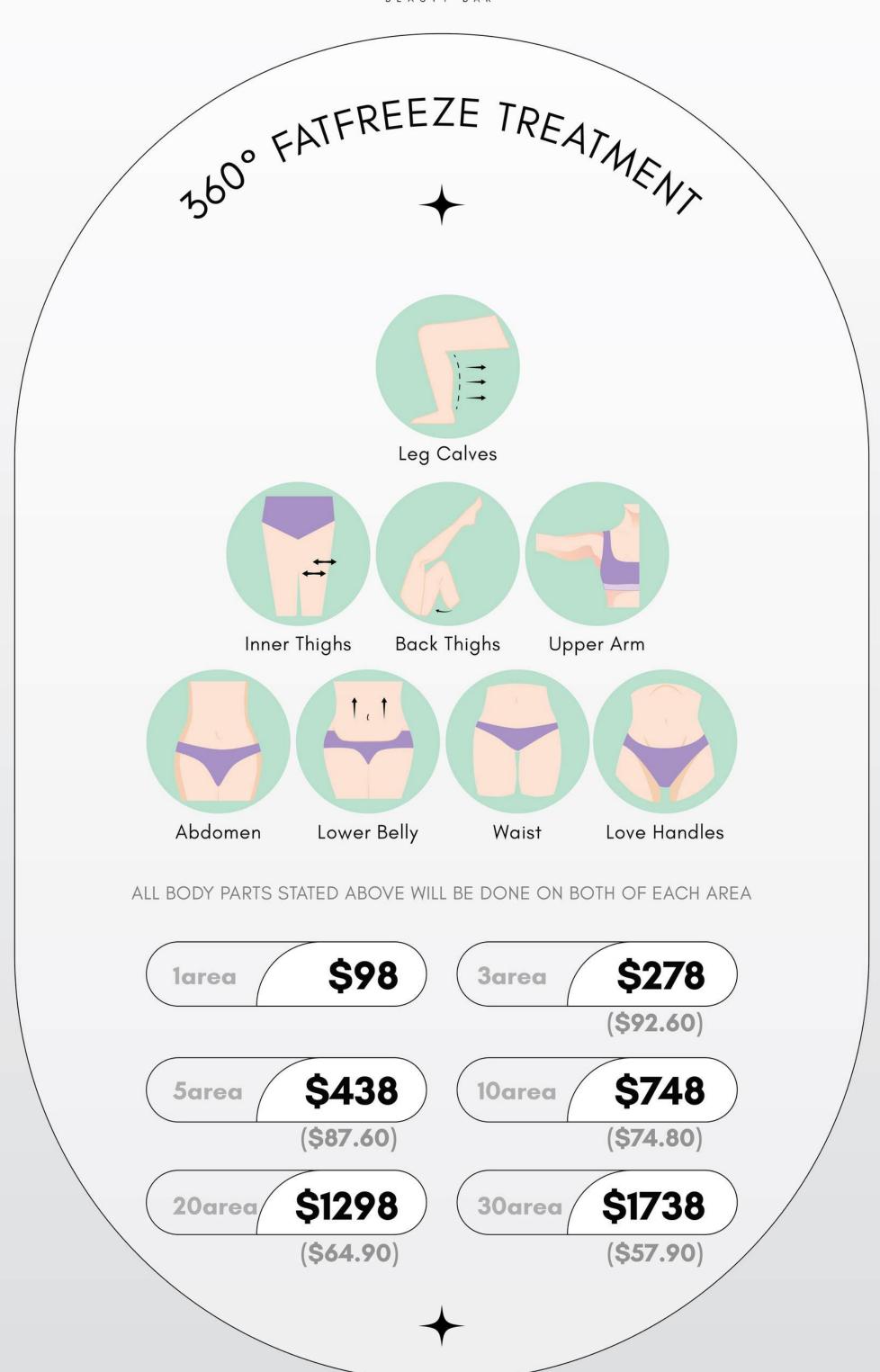
Once in position, the cooling applicator remains on the skin for a period of approximately 35-45 minutes per treated area. During this time you will be able to sit or lie comfortably.

### WHAT HAPPENS AFTER THE PROCEDURE?

Immediately after the procedure the treated area may appear slightly red and feel cool or numb to touch. Some slight, temporary bruising may also be present, however this should subside over the subsequent days. Following the procedure, most people typically resume their normal routine and activities and are able to return to work and exercise that same day.

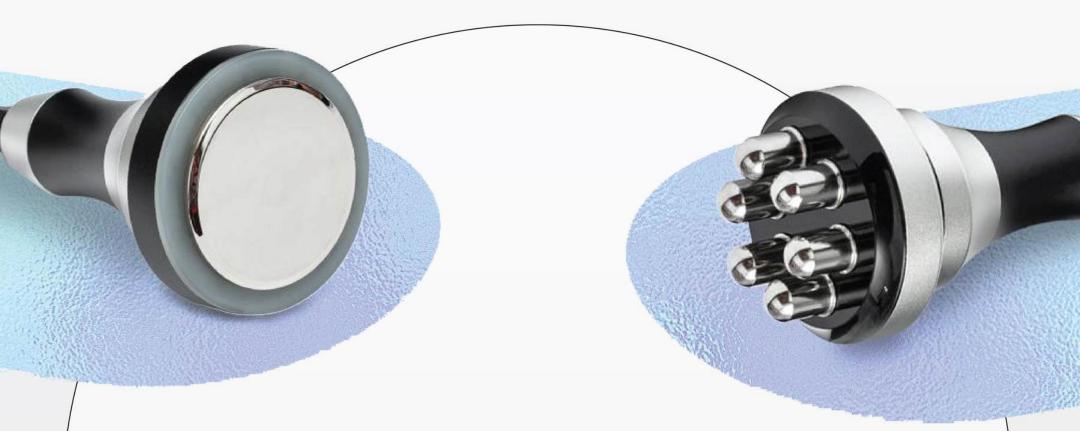








## RF RADIOFREQUENCY + CAVITATION SLIMMING TREATMENT



The combined treatment of RF & Cavitation is an ideal method that can reverse localized fat and eliminate cellulite. Completely no downtime and non-invasive, coupled with astonishing permanent results, it is a treatment that focus on the degradation of fatty cells, eliminates cellulite and tackles stubborn fats.

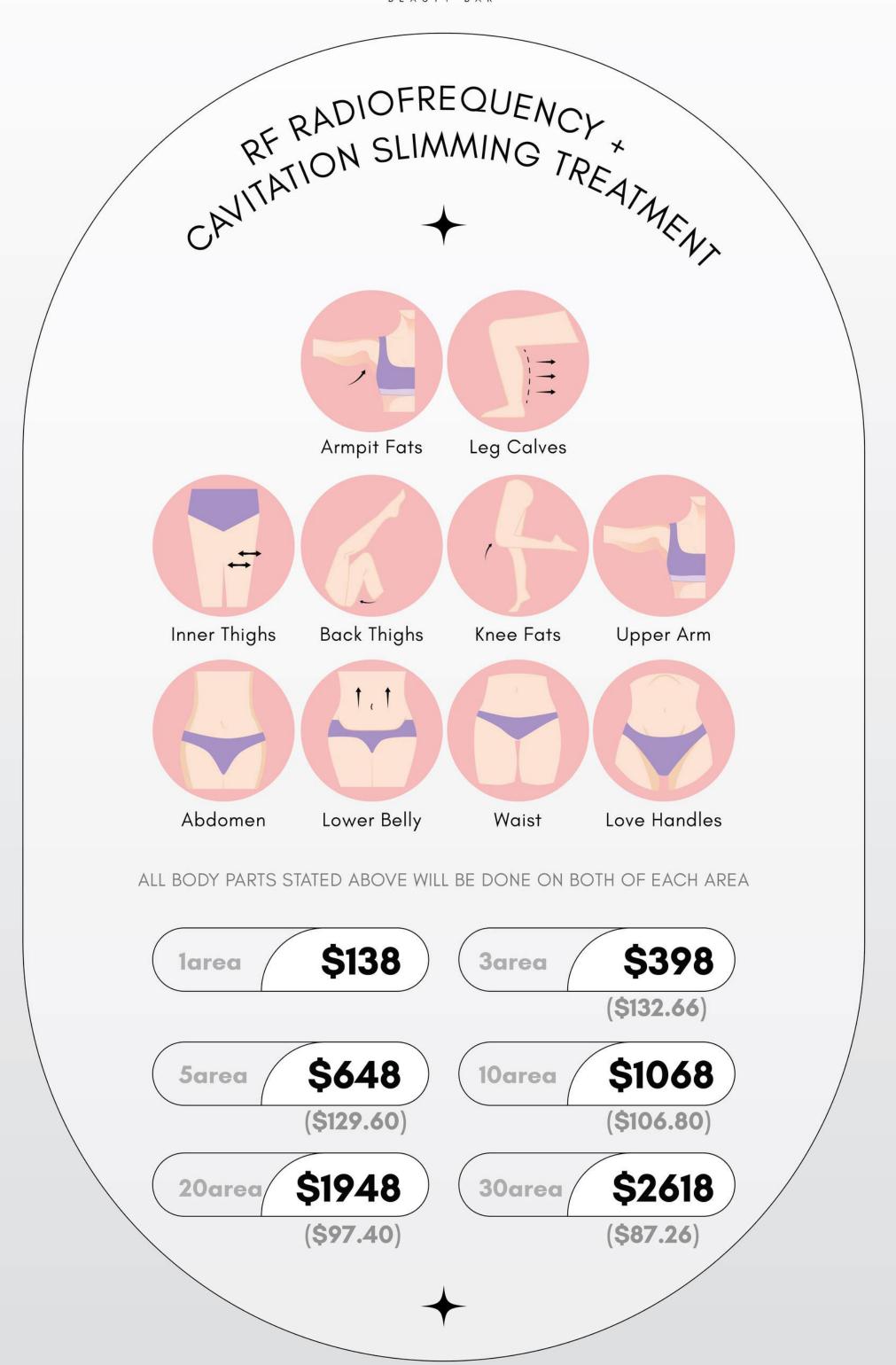
Cavitation uses scientifically proven non-invasive technology to break down unwanted fat whilst the RF radio frequency is a non-invasive heat treatment that helps tighten, contour and refine deeper lines and / or cellulite of the skin over the face and body



## **BENEFITS**

Skin tightening
Immediate visible results
Normalizes stretch marks
Reduction of localized fat
Non-invasive No downtime
Affect the deepest fat layers
Boosts and accelerates lipolysis
Improvement of blood circulation
Permanent elimination of cellulite
Beautifies the appearance of the skin
Reduces loosening, cellulite and swelling





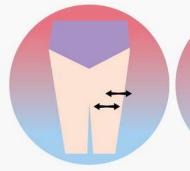




RF RADIOFREQUENCY + FAT FREEZE COMBO



Leg Calves



Inner Thighs



Back Thighs



Upper Arm



Abdomen



Lower Belly



Waist



Love Handles

ALL BODY PARTS STATED ABOVE WILL BE DONE ON BOTH OF EACH AREA

1area \$138

3area

\$398

(\$132.66)

5area \$648 (\$129.60)

.

10area \$1068

(\$106.80)

20area \$1948 (\$97.40)

30area

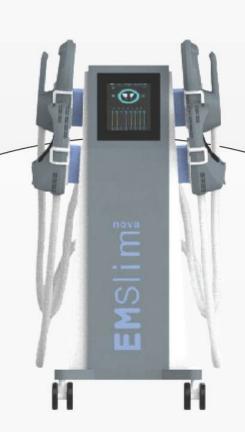
\$2618

(\$87.26)

+



## WHAT IS EMSLIM MUSCLE TRAINER TREATMENT?



EMSlim is a focused electro-magnetic treatment with safe intensity levels for fat burning and muscle building system. It uses HI-EMT (high-intensity electromagnetic muscle trainer) and RF (radiofrequency) technology.

The applicators generate intense electromagnetic pulses that cause involuntary muscle contractions. One 30minute session is equivalent to 30,000 contractions. They are placed on the target muscle area, such as the abs, thighs, calves, arms, buttocks and also fix problems like diastasis recti.

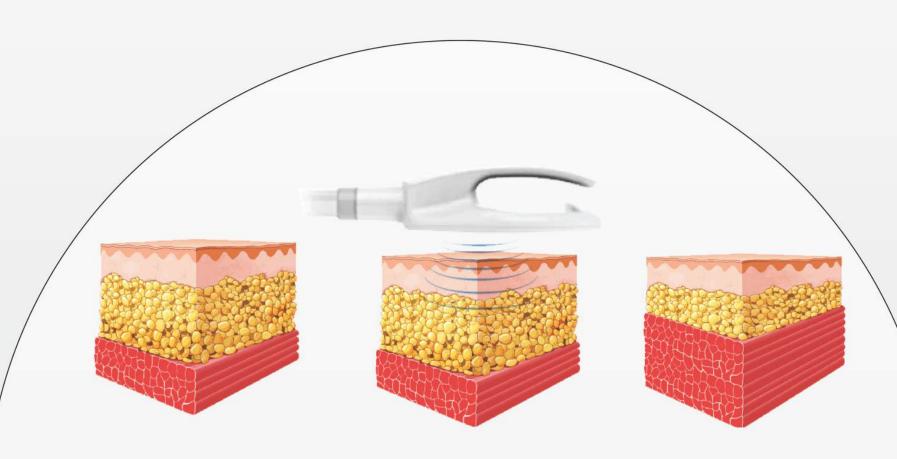
The treatment provides high intensity energy delivery in a short time, allowing the muscles to work. In this way, you can both burn fat and get in shape. It can be used for different purposes in different parts of the body with many program options. Best results with 2–3 treatments every week and 6–8 sessions per area.







## EMSLIM MUSCLE TRAINER TREATMENT WHAT IS EMSLIM MUSCLE TRAINER TREATMENT?



EMSlim focuses the electromagnetic field through all skin and fat in order to effectively stimulate the muscle, providing the most intensive continuous contractions which is ideal for muscle growth, and inducing apoptosis, that takes place over the course of 10-14 days, rather than months.

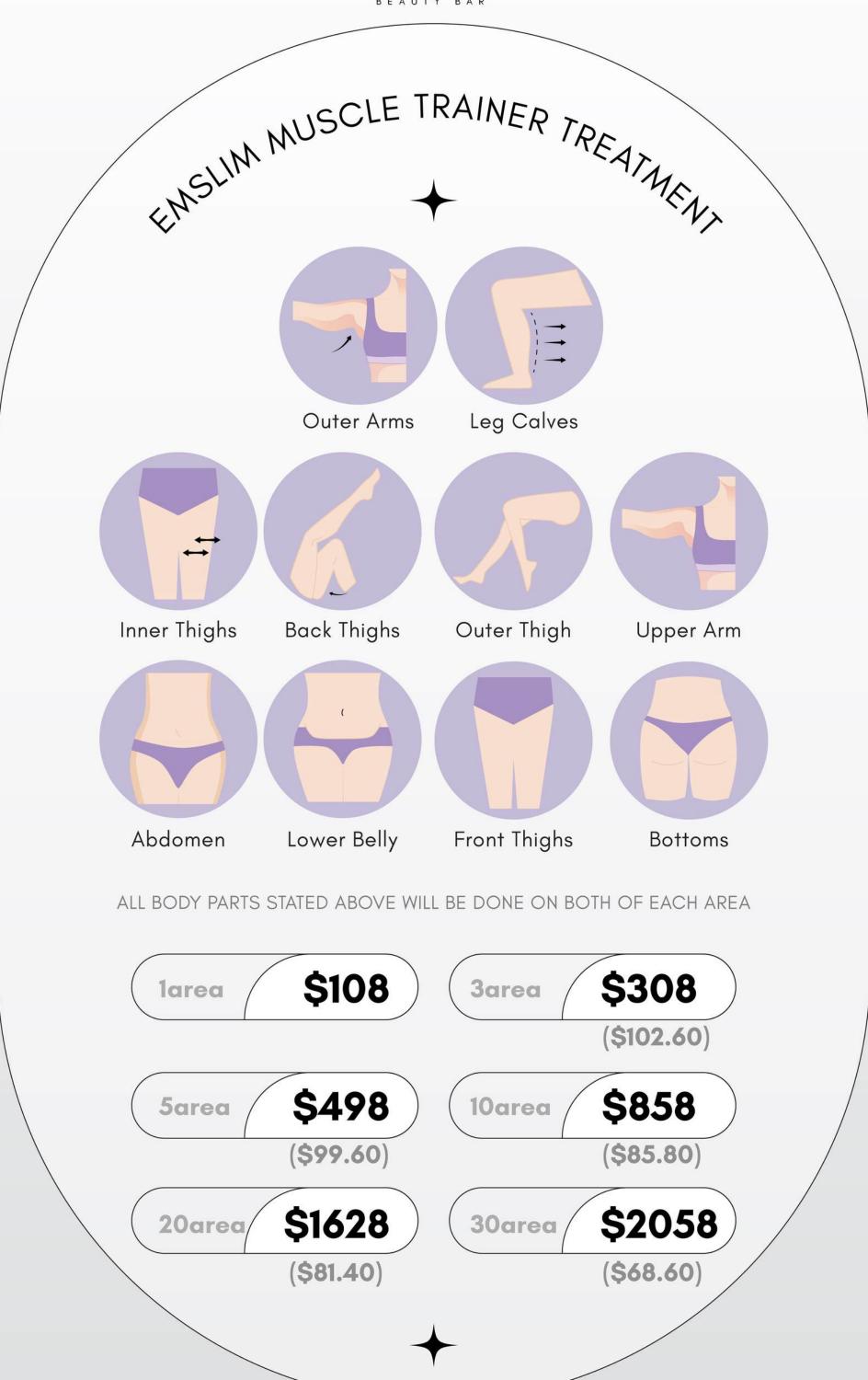
EMSlim increases the muscle mass of the body up to 25%, and it loses fat up to 30%.



## **BENEFITS**

Tones Thigh
Fats Reduction
Firms Flabby Arms
Tones & Lifts Buttocks
Build & Sculpts Six Pack Abs





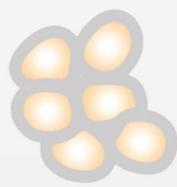


## LIPO LASER WHAT IS LIPO LASER?



Lipo Laser is the latest laser lipolysis, offering you a way to achieve fat reduction, inch loss and body contouring with no pain, no needles and no downtime. Lipo Laser emits low levels of laser energy, which creates a chemical signal in the fat cells, breaking down the stored triglycerides into free fatty acids and glycerol, and releasing them through channels in the cell membranes.





Unused Stored Energy Sits in Fat Cells

**DURING** 



Low Level Lasers Break Down Fat Cells, Releasing Energy

**AFTER** 



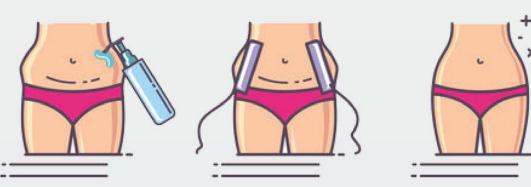
Fat Cells Shrink, Body Burns the Released Energy

Lipo Laser can be used effectively on the parts of the body where localized fat deposits are resistant to diet and exercise. It can also reduce cellulite and tighten skin.

Results can be immediate right after the treatment.

There are no side effects or downtime associated with this treatment.

For even better results of fat loss, you can combine the treatment with Fatfreeze and RF+Cavitation treatments



Preparing Skin

Laser Session

Result













Double Chin

Armpit Fats

Leg Calves







Back Thighs



Knee Fats



Upper Arm



Abdomen



Lower Belly

(\$57.60)



Waist



Love Handles

ALL BODY PARTS STATED ABOVE WILL BE DONE ON BOTH OF EACH AREA

1area \$68

3area

\$188

(\$62.60)

5area \$288

288 10area

\$548

(\$54.80)

20area \$1048 (\$52.40)

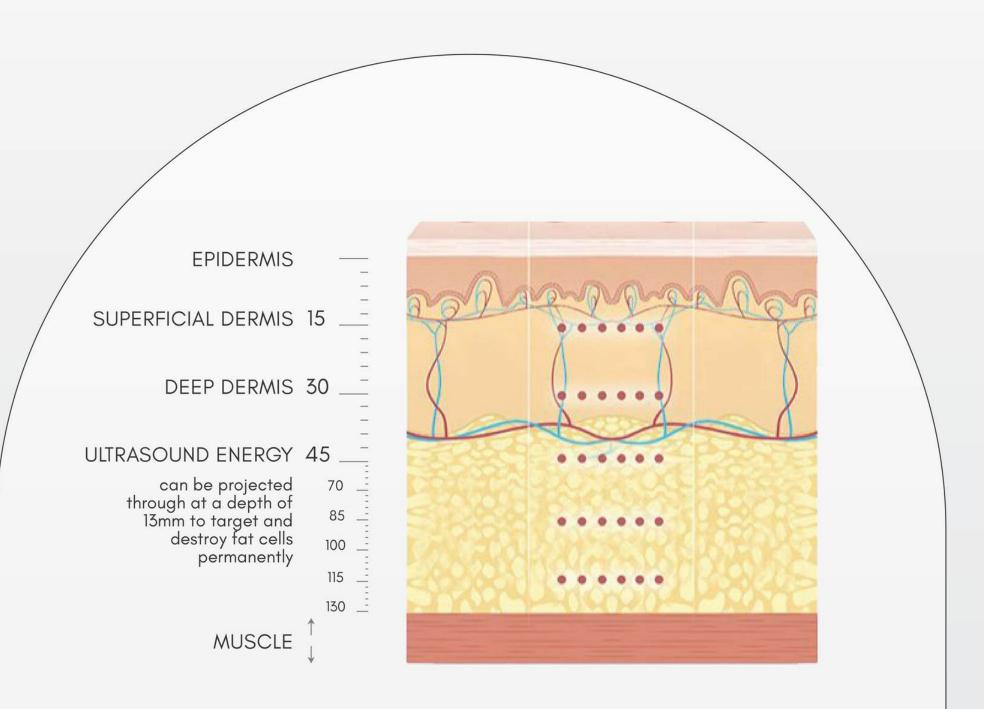
.**8** ) (30area

\$1478

(\$49.26)



## HIFU BODY SCULPTING



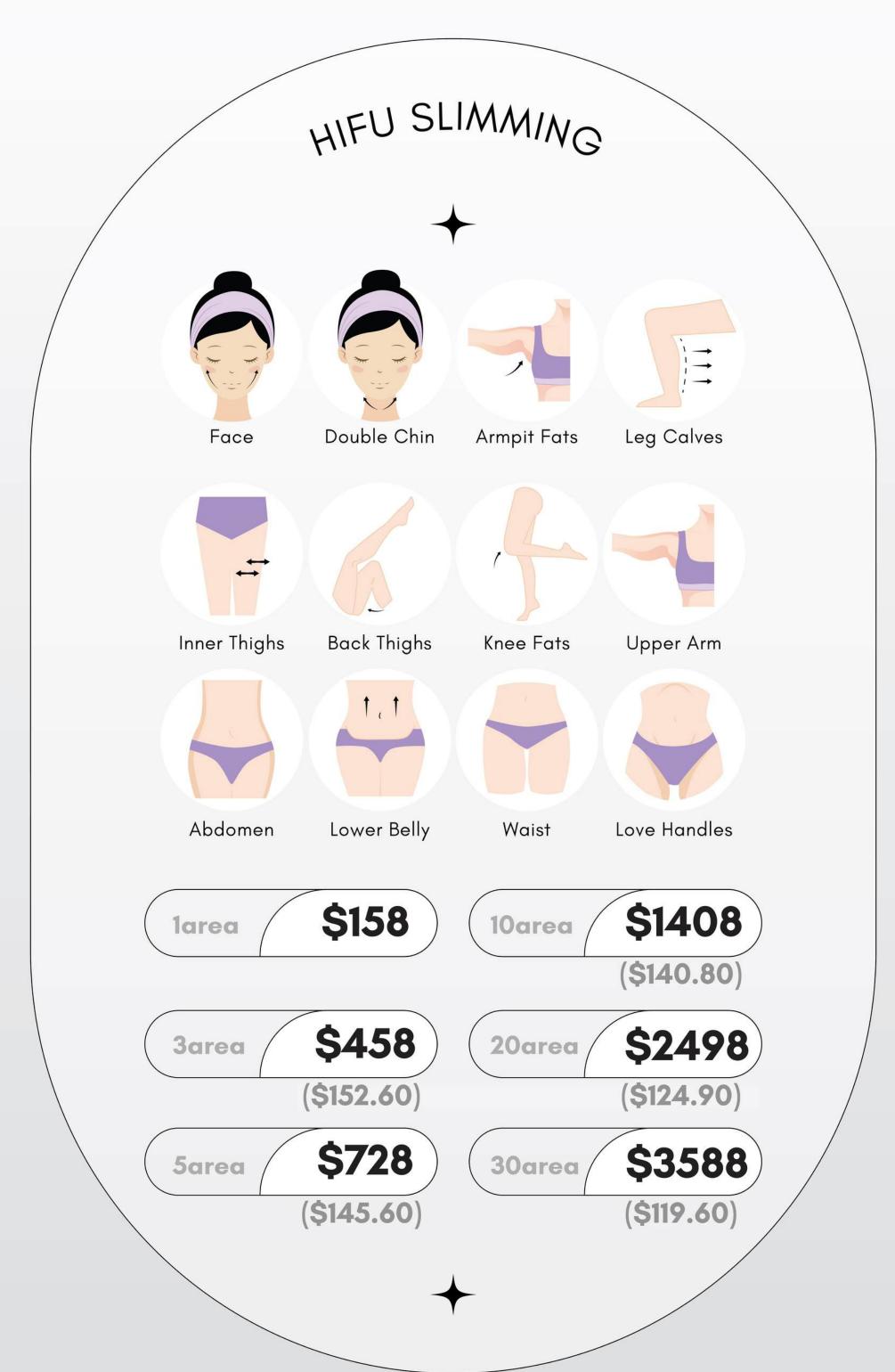
High-Intensity Focused Ultrasound (HIFU) Body Sculpting is a new technology that can permanently destroy fat cells without harming the surface of the skin. The energy of ultrasound waves can penetrate a few centimeters below the surface of the skin and help reduce fat in the chosen areas of the body.

Not only does it permanently destroy fat, but it also stimulates new baby collagen and elastin to make the skin look; tighter and firmer, reducing cellulite at the same time. This safe, non invasive fat loss treatment is perfect for those stubborn fat areas that just won't budge.

Fat dissolving can be achieved using specific ultrasound heads that target the layers of the skin where fat is deposited and stored.

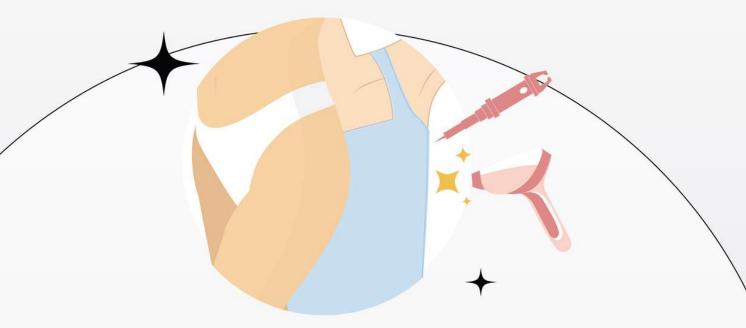
This feature specifically helps shift fat and tighten the skin for areas such as the stomach, lower back, inner and outer thighs, buttocks, under chin (double chin) and sagging and loose upper arms.







# UNDERARM / BRAZILLIAN WHITENING TREATMENT



By using mts (micro-needling therapy system), tinted serums with SHR-laser whitening technology you will achieve instant glow, skin brightening and rejuvenation giving an overall whitening effect for your underarms in a painless procedure.

#### TREATMENT INCLUDES

Double Cleanse
Cucumber Soft Exfoliation Scrub
Whitening Ampoule w Ultrasound
Microneedling Therapy
Seaweed Whitening Clay Mask
SHR Whitening Laser
Body Lotion + Sunblock

### HOW LONG CAN IT LAST AND HOW MANY TREATMENTS TO SEE RESULTS?

Results are instant from just one session.

For better and long-lasting results, three sessions are recommended every two weeks. Thereafter one session every 3–6 months to maintain.





## 360° WHITENING CAPSULE



This treatment provides full body + face whitening effects and collagen stimulation giving you glowing glass skin. Paired with our in-house milk whitening lotion you'll see an overall improvement in skin tone and visibly fair skin in just 30 minutes.

Using advanced Phototherapy LED red light, it penetrates the skin to inhibit melanin production and stimulates the body's natural rejuvenating process. This therapy not only helps you to achieve skin whitening, it also has tons of other amazing health benefits!



### After 1 session

You will feel energised, smoother skin, blood viscosity reduced.

### **After 8 sessions**

Improved quality of sleep, reduced dark eye circles and eye bags, rejuvenated, glowy complexion and better bowel movements.

#### After 12 sessions

Diminished appearance of freckles, wrinkles start to reduce.

### After 16 sessions

Skin lifting and tightening

#### After 24 sessions

Blood lipids, blood pressure and blood sugar starts to decrease, alleviates joint pains, optimised wound healing.

Long term regular usage will significantly improve immunity health, skin elasticity and produce excellent anti-aging benefits.

\*Red light is safe for regular use as it does not contain any type of UV light.

As such, you don't have to wait too long between sessions – recommended to book for your next treatment just 3 days after the last one!



360° WHITENING CAPSULE /// \$78 1x \$208 3x (\$69.00)\$328 5x (\$65.60)\$648 10x (\$64.80)\$1188 20x (\$59.40)\$1738 30x (\$57.90)



## HAIR MENU

## CUT

Short



\$28



\$38



\$48



\$58

WASH & CUT

Short



\$48



\$58



\$68



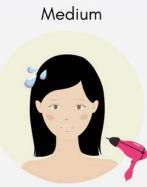
\$78

## WASH & BLOW

Short



\$28



\$38





WASH & SET



\$78



## HAIR TREATMENTS

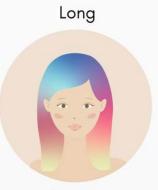
## COLOR



\$88



\$98



\$108



\$118

**BLEACH** 



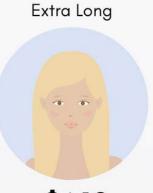
\$98



\$118



\$138



\$168

## KERATIN | REBONDING



\$138



\$188



\$218



\$248

## COLD PERM



\$138



Medium

\$188



\$218



Extra Long

\$248



HAIR EXTENSIONS

TAPE | HIGHLIGHTS



1 STRAND \$8



FULL HEAD (100-200) **\$428** 

FEATHER | HIGHLIGHTS



1 STRAND **\$18** 



FULL HEAD (100-200) **\$968** 

TOP-UP



\$78



\$68



REBOND **\$108** 



PERM \$108

HAIR GLITZ



10 STRANDS20 STRANDS30 STRANDS

\$38 \$58 \$78





## HAIR TREATMENTS

Refer To Menu For Hair Services



MTS High Frequency Hair Growth \$108.00



Meridian Hair Spa \$88.00



Hair Spa + Herbal Scalp Care \$128.00



Herbal Scalp Care + Nano Mist \$98.00



Mucota 3 Step + Nano Mist From \$78.00



Mucota 5 Step + Nano Mist From \$98.00





## HAIR TREATMENTS

## MUCOTA 3-STEPS + NANO MIST



Short

1x Session 3x Sessions





Medium

1x Session 3x Sessions \$88 \$228



Long

1x Session 3x Sessions \$98 \$258



Extra Long

1x Session 3x Sessions \$108 \$298

## MUCOTA 5-STEPS + NANO MIST



Short

1x Session 3x Sessions



\$98 \$258



Medium

1x Session 3x Sessions

\$108 \$298



1x Session 3x Sessions \$118 \$328



Extra Long

1x Session 3x Sessions

\$128 \$358



## MTS High Frequency Hair Growth Treatment



MTS High Frequency Hair Growth treatment is a procedure that promotes hair growth and improves hair density. It is a non-invasive treatment that can be used to address various hair loss conditions, including androgenetic alopecia (male and female pattern baldness).

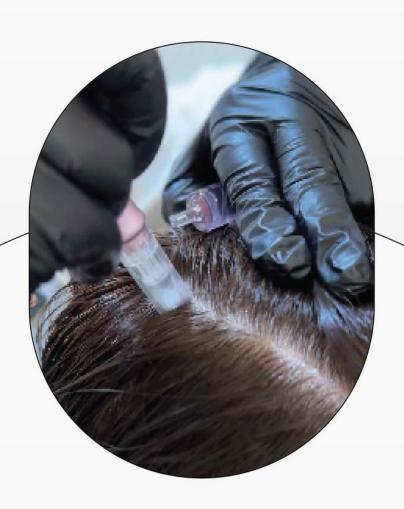
This innovative technique harnesses the skin's regenerative abilities to their fullest extent.



\* All Prices Are Subjected To GST



## MTS HIGH FREQUENCY HAIR GROWTH TREATMENT



## **BENEFITS**

Enhances Scalp & Hair Health
Stimulates Hair Growth
Natural Looking Results
Improves Hair Density
Boosts Confidence
Non-Invasive

### **AFTERCARE**



### AVOID SUN EXPOSURE

After the treatment, avoid direct sun exposure to the scalp for at least 24-48 hours to prevent skin irritation and reduce the risk of hyperpigmentation.



#### AVOID HOT SHOWERS AND BATHS

For the first 24-48 hours after the treatment, avoid hot showers and baths, as well as saunas and steam rooms. Hot water can irritate the scalp.



### AVOID SCRUBBING AND EXFOLIATING

For the first few days after the treatment, avoid scrubbing or exfoliating the scalp. This can help prevent irritation and allow the skin to heal properly.



## MTS HIGH FREQUENCY HAIR GROWTH TREATMENT HOW DOES IT WORKS?



Starting with a complimentary herbal scalp care and steam, this treatment involves the use of a microneedling device to create tiny punctures in the scalp, which stimulates the production of collagen and elastin and increases blood flow to the hair follicles.

This process helps to rejuvenate the scalp and promote the growth of new, healthy hair.

During the microneedling process, we will incorporate the use of a Hair & Scalp Intensive Ampoule, which contains peptide and biotin. The combination of microneedling and the ampoule enhances the efficiency of the treatment by facilitating the deeper penetration of the product into the scalp. This aims to stimulate the growth of new hair, strengthens existing hair and promotes healthy scalp.

The high-frequency wand will be administered following the microneedling process. It works by emitting a gentle electrical current that helps to increase blood circulation to the scalp, which can improve the delivery of nutrients and oxygen to the hair follicles.

In addition to promoting hair growth, the high-frequency wand can also help to reduce inflammation and kill bacteria on the scalp, which can improve overall scalp health and reduce the risk of hair loss.

MTS Hair Growth treatment is generally considered to be safe and effective. The number of treatments required can vary depending on the severity of the hair loss and the individual's response to the treatment.

For optimal results, a weekly treatment scheduled for 12 weeks is recommended. An interval of one week between each session is considered ideal, allowing sufficient time for the scalp to heal and for new hair growth to occur.



## MTS HIGH FREQUENCY HAIR GROWTH TREATMENT















## MERIDIAN HAIR SPA



The Meridian Hair Spa is a wellness experience for the mind and body. It is simply the perfect de-stress therapy with a host of benefits for your scalp and hair. With the head massage and thorough hair cleansing, it will promote hair growth and reduce white or grey hair. This treatment is also perfect for ladies who have just given birth and experiencing postnatal hair loss!

Infused with a series of zen experience, thorough nourishing hair wash, deep tissue scalp bojin massage, scalp combing, gentle exfoliation, herbal hot steam therapy featuring 9 types of herbs with the benefits of deep cleansing, conditioning, balancing, oil control and root strengthening. Experience total relaxation with complimentary eye bojin, facial guasha with mask and scalp tonic.



### **BENEFITS**

Reduce postnatal hair loss
Prevents white hair growth
Calms, destress, alleviates insomnia
Prevent hair loss and promote hair growth
Detoxify and eliminate unwanted hair toxins
Improve blood circulation and mental clarity



MERIDIAN HAIR SPA



1x \$88

3x \$248

(\$82.66)

5x \$408

(\$81.60)

10x \$748

(\$74.80)

20x \$1408

(\$70.40)

30x \$1948 (\$64.93)



## HAIR SPA + SCALP HERBAL CARE



Start by cleansing scalp with our herb shampoo and exfoliating scrub treatment. Our all-natural unique bhringraj herbs formulation scalp care powder mix and scalp ginseng tonic is then applied directly to the scalp which tackles scalp problems by cleansing away excess sebum, dead skin cells and unclogging pores, leaving your scalp clean and healthy. Providing abundance of nutrients and revitalising scalp condition, our herbal treatment can give you a head full of beautiful hair!

## **BENEFITS**

Unclog hair follicles
Get rids of dandruff
Rebalance scalp PH level
Detoxify & nourish the scalp
Deep cleansing of the scalp
Prevent thinning and hair loss
Improve blood circulation to encourage
healthy hair growth





HAIR SPA + HERBAL SCALD CARR \$128 1x \$368 3x (\$122.66) \$588 **5**x (\$117.60) \$1098 10x (\$109.80)\$2058 20x (\$102.90) \$2718 30x (\$90.60)



KERBAL SCALP CARE + NANO MICH



1x Session\$983x Sessions\$2585x Sessions\$39810x Sessions\$748

## MERIDIAN HAIR SPA



Hair Spa **\$88** 



+ Herbal Scalp Care \$128

(refer to hair spa menu for more)



## PROMO

### CLASSIC GEL MANICURE + DESIGN

Shaping, Cuticle Work, Unlimited Color, Charms, Simple Drawings, Gel Strengthener + Hand Mask \$78-98

### CLASSIC GEL EXTENSIONS + DESIGN

Shaping, Cuticle Work, Extensions, Unlimited Color, Charms, Simple Drawings + Hand Mask \$108-128

## TOP UP ANY LASH EXTENSIONS WITH THE ABOVE NAIL OPTION

Must Be Utilized On The Same Day \*Not Including Mega Lash

\$78

### **BUDDY DISCOUNT**

Off Total Bill | Same Day Booking Only Valid for \$78/\$108 Nail Option Only

### CLASSIC GEL MANICURE + CLASSIC GEL PEDICURE

Shaping, Cuticle Work, Scrub, Remove Foot Deadskin, One Tone, Massage, Hand & Foot Mask \$98 Add On Mani Design \$30/40/50 \*Based On Therapist's Level Add On Mani Extensions \$30

### TOP UP REQUIRED FOR COMPLICATED DESIGN

TBA

#### CUCCIO MANI OR PEDI SPA ADD ON

Shaping, Cuticle Work, Scrub, Cling Wrap Mask, Remove Foot Deadskin, One Tone, Massage, Hand/Foot Mask **S20** 

**S30** 

### FOOTLOGIX CALLUS TREATMENT ADD ON

Shaping, Cuticle Work, Callus 5-Step Treatment, One Tone, Massage, Foot Mask



## PROMO

EXPRESS GEL MANICURE Shaping, One Tone	\$38
CLASSIC GEL MANICURE Shaping, Cuticle Work, One Tone + Nail Strengthener + Hand Mask	\$48
CLASSIC CUCCIO SPA GEL MANICURE Shaping, Cuticle Work, Scrub, Cling Wrap Mask, One Tone, Massage, Hand Mask	\$68
EXPRESS GEL PEDICURE Shaping, One Tone	\$48
CLASSIC GEL PEDICURE Shaping, Cuticle Work, Scrub, One Tone, Remove Foot Deadskin	\$58
CLASSIC CUCCIO SPA GEL PEDICURE Shaping, Cuticle Work, Scrub, Remove Foot Deadskin Cling Wrap Mask, One Tone, Massage, Foot Mask	\$78
CLASSIC FOOTLOGIX CALLUS GEL PEDICURE Shaping, Cuticle Work, Callus 5-Step Treatment, One Tone, Massage, Foot Mask	\$88
HARD GEL OVERLAY	\$28
REMOVALS ONLY	\$16
EXTENSIONS PER FINGER	\$9
TOUCH UP ABOVE 7 DAYS PER FINGER	\$9



## EYELASH

LASH LIFT + TINT	\$78
1D CLASSIC	\$78
2D SOUFFLÉ	\$88
YY LASH	\$88
3D LIGHTWEIGHT	\$88
WETLOOK LASH	\$98
FOXY LASH	\$108
MERMAID LASH	\$108
FAIRY LASH	\$108
SUNFLOWER LASH	\$108
THAI / COMIC LASH	\$108
WISPY KIM K / WIPSY YY	\$108
4D-6D SUPER VOLUME	\$108
8D-10D MEGA VOLUME	\$118
LOWER LASH	\$28

## TOUCH UP

1D CLASSIC	\$38
2D SOUFFLÉ	\$45
YY LASH	\$45
3D LIGHTWEIGHT	\$45
WETLOOK LASH	\$48
FOXY LASH	\$58
MERMAID LASH	\$58
FAIRY LASH	\$58
SUNFLOWER LASH	\$58
THAI / COMIC LASH	\$58
WISPY KIM K / WISPY YY	\$58
4D-6D SUPER VOLUME	\$58
8D-10D MEGA VOLUME	\$68
REMOVALS ONLY	\$16



## EMBROIDERY

LADIES HYBRID BROWS (Ombré/Microblading) or HYBRID	\$318
LADIES OMBRÉ BROWS	\$238
LADIES 6D MICROBLADING	\$238
LASHLINE/CATEYE EYELINER	\$238
LIP EMBROIDERY	\$318
GENTLEMEN'S HYBRID BROWS (Ombré/Microblading) or HYBRID	\$428
GENTLEMEN'S OMBRÉ POWDER	\$288
GENTLEMEN'S 6D MICROBLADING	\$288

## TOUCH UP

WITHIN 2 MONTHS	FOC
WITHIN 3 TO 6 MONTHS	\$68
WITHIN 6 TO 9 MONTHS	\$98
WITHIN 9 TO 12 MONTHS	\$138
12 MONTHS & ABOVE	NEW



# FACIAL PACKAGE

MIX & MATCH
ANY FACIAL TREATMENTS
(u.p. \$95.00)

3X **\$288** (\$96.00) NETT

+ EYE STEAM ATOMIZER SPA

5X **\$448** (\$89.60) NETT

+ 1X CLASSIC GEL PEDICURE

10X **\$858** (\$85.80) NETT

+ 1X CUCCIO SPA GEL PEDICURE

20X **\$1628** (\$81.40) NETT

+1X FOC SKIN BOOSTER

30X **\$2168** (\$72.26) NETT

+ 1X FOC BODY TREATMENT OF ANY



## FACIAL

0.5h - Express Extraction, Sheet Mask Head Ultrasonic Scrubber, LED Light Therapy	1x	3x
K DERMA AQUAPEEL	\$40	-
K DERMA GLOW	\$40	-
K DERMA NECK CARE	\$40	-
K DERMA V-LIFT	\$40	-
COMBO ANY 2 1.5h - Traditional Extraction, Clay Mask Face + Shoulder + Head Massage	\$58	
7IN1 BABYFACE	\$98	PKG
ACNE BUST FACIAL	\$98	PKG
MERIDIAN BOJIN	\$98	PKG
OMAKASE FACIAL	\$98	PKG
IPL SKIN REJUVENATION	\$98	PKG
24K GOLD COLLAGEN V-LIFT	\$98	PKG
OPT BACK ACNE CLEANSE	\$98	PKG
CARBOXYTHERAPY	\$98	PKG
LED CELL REGENERATION	\$98	PKG
H20 KOREA BUBBLE	\$98	PKG
SILHOUETTE INSTALIFT	\$98	PKG
EYE SPA WITH FACIAL	\$88	PKG
EYE SPA PREMIUM ADD ON	\$30	-
EYE BASIC ADD ON	\$10	_



# TREATMENT

*Top Up \$10.00 For Extractions Required For Selective Treatments* MILLIA SEEDS REMOVAL ONLY*	1x	3x	
MILLIA SEEDS REMOVAL ONLY	\$78	-	
MILLIA SEEDS REMOVAL + FACIAL	\$98	-	
B-TOX NANO TECHNOLOGY PEEL	\$108	\$308	
BB WATERSHINE GLOW*	\$88	\$208	
HYALURONIC ACID SKIN BOOSTER	\$108	\$288	
SALMON DNA SKIN BOOSTER	\$108	\$288	
HA + SALMON DNA SKIN BOOSTER	\$168	\$448	
DERMAROLLER FACE	\$118	\$308	
DERMAROLLER STRETCHMARKS	\$228	\$648	
BLACK DOLL PEEL FACE*	\$108	\$288	
BLACK DOLL PEEL UNDERARM	\$108	\$288	
BLACK DOLL PEEL BACK*	\$138	\$378	
DERMA DRIP INFUSION	\$108	\$288	
UNDERARM WHITENING	\$98	\$228	
GROIN WHITENING	\$138	\$388	
UNDERARM + GROIN WHITENING	\$208	\$588	



## SHR POLICY

#### UNLIMITED COMBO PACKAGES

- 1. For installment plans, only allowed for \$500 and above packages.
- For installment plans, you have to complete payment by the first 3
  visits not exceeding 28 days of each intervals if not package will
  be forfeited.
- 3. Shaving is **not inclusive** however chargeable at \$16.00 per area if required.
- 4. All packages sold to date are final and non-refundable.
- 5. Packages that are **inactive for 6 months** will be cancelled.
- 6. Exceptions will be granted for pregnancy cases, ensuring the package remains valid.
- 7. Individuals who wish to continue sessions during pregnancy are strongly encouraged to seek advice from the doctor and participation remains entirely at their discretion.
- 8. Only **ONE appointment** per month is allowed.
- 9. All whitening sessions must be accompanied by SHR hair removal for the designated body parts.





### SHR HAIR REMOVAL

SHR SMALL AREA TRIAL
Upper Lips, Face, Underarms

SHR BIG AREA TRIAL
Full Hands, Full Legs, Abdomen, Back

SHR BRAZILLIAN TRIAL

SHR WHITENING TRIAL
Add On For Hair Removal

## LIFETIME UNLIMITED

SHR UPPER LIPS	\$138
SHR FULL FACE	\$278
SHR FULL HANDS	\$288
SHR FULL LEGS	\$338
SHR UNDERARMS	\$318
SHR ABDOMEN	\$288
SHR FULL BACK	\$288
SHR BRAZILLIAN VIO	\$748
SHR WHITENING	\$228



## SHR PACKAGE

LIFETIME UNLIMITED COMBO PACKAGES

SHR FULL FACE + UPPER LIPS	\$358
SHR FULL HANDS + FULL LEGS	\$538
SHR UNDERARMS + FULL HANDS + FULL LEGS + FREE WHITENING	\$748
SHR UNDERARMS + BRAZILLIAN VIO + FREE WHITENING	\$968
SHR FULL BODY + FREE WHITENING	\$1188
SHR FULL FACE + FULL BODY + FREE WHITENING	\$1298



### DHR HAIR REMOVAL

DHR SMALL AREA TRIAL
Upper Lips, Face, Underarms

DHR BIG AREA TRIAL
Full Hands, Full Legs, Abdomen, Back

DHR BRAZILLIAN TRIAL

DHR WHITENING TRIAL
Add On For Hair Removal

# BUNDLE OF 12

DHR UPPER LIPS	\$288
DHR FULL FACE	\$378
DHR FULL HANDS	\$388
DHR FULL LEGS	\$498
DHR UNDERARMS	\$478
DHR ABDOMEN	\$388
DHR FULL BACK	\$388
DHR BRAZILLIAN VIO	\$858
DHR WHITENING	\$338



## DHR PACKAGE

#### BUNDLE OF 12 COMBO PACKAGES

DHR FULL FACE + UPPER LIPS	\$618
DHR FULL HANDS + FULL LEGS	\$838
DHR UNDERARMS + FULL HANDS + FULL LEGS + FREE WHITENING	\$968
DHR UNDERARMS + BRAZILLIAN VIO + FREE WHITENING	\$1078
DHR FULL BODY + FREE WHITENING	\$1408
DHR FULL FACE + FULL BODY + FREE WHITENING	\$1518



# FACE MANAGEMENTS

#### RF FACE

1X	\$98
3X	\$278
5X	\$438
10X	\$748
20X	\$1298
30X	\$1738

#### HIFU FACE

1X	\$138
3X	\$398
5X	\$648
10X	\$1068
20X	\$1948
30X	\$2618



# BODY MANAGEMENTS

#### **FATFREEZE**

1 AREA \$98
3 AREA \$278
5 AREA \$438
10 AREA \$748
20 AREA \$1298
30 AREA \$1738

#### RF + CAVITATION

1 AREA \$138 3 AREA \$398 5 AREA \$648 10 AREA \$1068 20 AREA \$1948 30 AREA \$2618

#### RF + FATFREEZE

1 AREA \$138 3 AREA \$398 5 AREA \$648 10 AREA \$1068 20 AREA \$1948 30 AREA \$2618



# BODY MANAGEMENTS

#### EMT EMSLIM

1 AREA \$108

3 AREA \$308

5 AREA **\$498** 

10 AREA \$858

20 AREA \$1628

30 AREA **\$2058** 

#### LIPO LASER

1 AREA \$68

3 AREA \$188

5 AREA **\$288** 

10 AREA **\$548** 

20 AREA \$1048

30 AREA \$1478

#### HIFU BODY

1 AREA \$158

3 AREA **\$458** 

5 AREA **\$728** 

10 AREA **\$1408** 

20 AREA **\$2498** 

30 AREA \$3588



## WHICH TO CHOOSE?

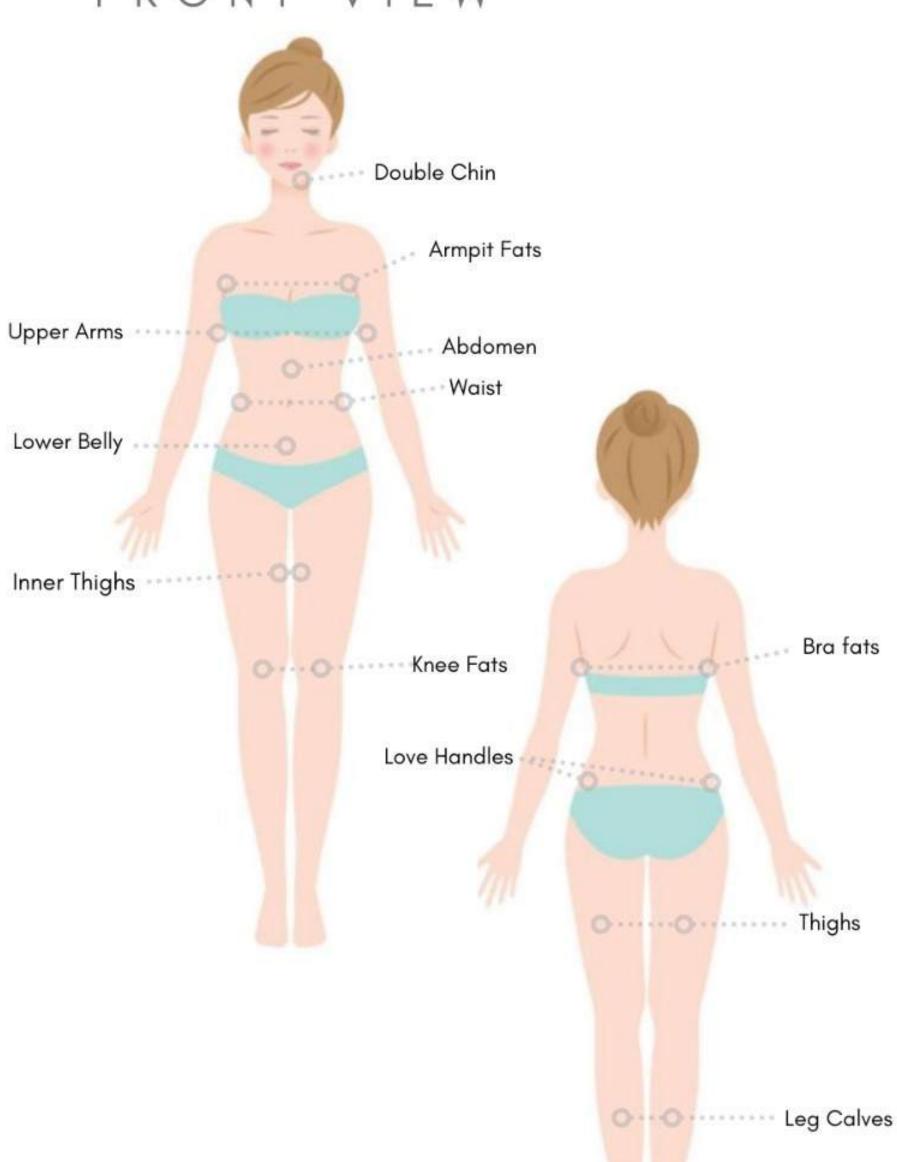
body management treatments

- Fatfreeze = freezes and kills fat cells, targets specific areas of bulging fats which can fit into the cup of machine
- RF + Cavitation = melt fats, targets larger surface area of fats, firms loose skin and reduces cellulites + stretchmarks
- EmSlim Muscle Trainer = sculpts, tones, build up muscles and firms up designated areas equivalent to exercise



#### Body Management Guide

#### FRONT VIEW



BACK VIEW







### Body Contouring Instructions

#### What to do before your sessions:



Drink at least two liters of water



Do not eat two hours before treatment



Remove any lotion from your skin before the treatment



Avoid having any laser hair removal, laser treatment, other body contouring treatments



Shave any body hair near and in the area to be treated



Do not drink caffeine or alcohol a day before the treatment



Wear loose fitting clothes



Avoid excessive sun exposure

#### What to do after your treatment:



No hot baths or showers



Drink plenty of water



Avoid alcohol and caffeine for 24h



Use an ice pack to reduce the swelling, stiffness and bruising



Massage the treated area daily to prevent fat and toxin from becoming stagnant



Maintain a healthy diet and stay active



No saunas, spa, hot tubs



Do not miss your next appointment